Annexure –10

**From NY volunteer to District NYK**

FOCUS AREAS PROGRAMS (Monthly Progress Report) 2021-2022

FOCUS AREAS PROGRAMS Conducted by Youth Clubs as per their Annual Action Plan with the Guidance of District NYKS and in coordination with PRIs, Service Providers, Departments and Agencies by raising support, resources and funds as well as involvement of Village Communities

Name of NY Volunteers …………………………. Name of allotted Block(s)……………………………… Progress Report for the month ……………………………………..

| **S.No.** | **Name of the Programme organized** | **Program Unit** | **No. of Activities Organized** | | **No. of Youth Clubs involved** | **Name of collaborating agency / deptts.** | **No. of places/ villages where progs. organized** | **Name & Designation of VIPs and dignitaries attended prog.\*\*** | **No. of Days** | **Resource Mobilization** | | | | | **Number of participants / Beneficiaries** | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Target**  **(Annual)** | **Achieved** | **Funds raised for activity**  **( in Rs.)** | **No. of Resource Persons, Trainers and Experts invited** | | **Material, Equipments, Transport, etc.** | | **SC** | | **ST** | | **Minority** | | **OBC** | | **Gen.** | | **Total** | |
| **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** |
|  | **Clean Village- Green Village** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set | No. of Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation | No. of Saplings planted |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers | No. of Work Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Jal Jagran Abhiyan** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action | No. o f Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) | No. of Villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness and Motivation for Rain Water Harvesting and water reuse | No. of Programs |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells | No. of Ponds and Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks | No. of Water Tanks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells | No. of Water Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) | No. of villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area | No. of Hand Pumps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank | Number of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse | No. of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Led Fit India Movement : Youth Wellness & Positive Life style** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse | No. of Activities |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian | No. of Tasks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. | No. of Lecturers |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Fitness @Home with Family** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Yoga | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dance | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stretch | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Skipping | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Exercise | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aerobics | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Kite Flying | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stair Case Climbing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Jogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Solo Run | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Walk | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Plogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cycling | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Swimming | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dancing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Acrobats | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Traditional Games & Sports | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Other Youth Wellness and Positive Life Style Activities** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Blood Donation | No. of Blood Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping | No. of youth |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers | No. of Women |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) | No. of Children |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations | No. of Persons |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | No. of Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Skills Mapping Exercise for identifying youth and Linking them with economic activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Prepare and educate youth volunteers to guide and support needy/ beneficiaries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Reach out to the needy beneficiaries and make them aware of Schemes for their development | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sensitize youth to avail benefits under Schemes | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Organize facilitation camps with Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Preparing list of MSME and other potential Industries for Jobs | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undergo basic vocational courses | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Handholding and Follow up for employment /Self-employment with Service Providers / Industries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **COVID-19: Campaigns and Post Lockdown Interventions** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Promote production of Face Masks at Home and distribution among villagers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |

\*\* Please convert the resource mobilization obtained in kind, equipments, transport, human resource, etc. into amount as per state/ local market rate.

\*\* Enclose one page write-up (neatly typed) for each project mentioned above separately with press clippings, Videos and action photographs.

\*\* VIPs and Dignitaries (Hon’ble Ministers, MPs, MLAs, NYKS, BOG Vice Chairpersons & Members, Heads of PRIs, Officers of Development Departments, Agencies, District Administration, etc.

\*\* Certified that the report given above and fund and resource mobilization information is true and correct

**Signature**

**NY volunteer with Office Stamp**

**Name:……………………………..**

**Block:……………………………..**

Note : Please use the same proforma.  **Date :……………………………**

**Annexure 10 A**

**From District NYK to State Office**

FOCUS AREAS PROGRAMS (Monthly Progress Report) 2021-2022

FOCUS AREAS PROGRAMS Conducted by Youth Clubs as per their Annual Action Plan with the Guidance of District NYKS and in coordination with PRIs, Service Providers, Departments and Agencies by raising support, resources and funds as well as involvement of Village Communities

Name of District Youth Officer ………………No. of Blocks in the District………………No. of NY Volunteers………………………….Progress Report for the month ………………………

| **S.No.** | **Name of the Programme organized** | **Program Unit** | **No. of Activities Organized** | | **No. of Youth Clubs involved** | **Name of collaborating agency / deptts.** | **No. of places/ villages where progs. organized** | **Name & Designation of VIPs and dignitaries attended prog.\*\*** | **No. of Days** | **Resource Mobilization** | | | | | **Number of participants / Beneficiaries** | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Target**  **(Annual)** | **Achieved** | **Funds raised for activity**  **( in Rs.)** | **No. of Resource Persons, Trainers and Experts invited** | | **Material, Equipments, Transport, etc.** | | **SC** | | **ST** | | **Minority** | | **OBC** | | **Gen.** | | **Total** | |
| **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** |
|  | **Clean Village- Green Village** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set | No. of Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation | No. of Saplings planted |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers | No. of Work Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Jal Jagran Abhiyan** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action | No. o f Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) | No. of Villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness and Motivation for Rain Water Harvesting and water reuse | No. of Programs |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells | No. of Ponds and Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks | No. of Water Tanks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells | No. of Water Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) | No. of villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area | No. of Hand Pumps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank | Number of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse | No. of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Led Fit India Movement : Youth Wellness & Positive Life style** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse | No. of Activities |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian | No. of Tasks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. | No. of Lecturers |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Fitness @Home with Family** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Yoga | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dance | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stretch | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Skipping | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Exercise | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aerobics | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Kite Flying | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stair Case Climbing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Jogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Solo Run | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Walk | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Plogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cycling | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Swimming | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dancing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Acrobats | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Traditional Games & Sports | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Other Youth Wellness and Positive Life Style Activities** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Blood Donation | No. of Blood Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping | No. of youth |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers | No. of Women |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) | No. of Children |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations | No. of Persons |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | No. of Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Skills Mapping Exercise for identifying youth and Linking them with economic activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Prepare and educate youth volunteers to guide and support needy/ beneficiaries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Reach out to the needy beneficiaries and make them aware of Schemes for their development | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sensitize youth to avail benefits under Schemes | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Organize facilitation camps with Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Preparing list of MSME and other potential Industries for Jobs | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undergo basic vocational courses | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Handholding and Follow up for employment /Self-employment with Service Providers / Industries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **COVID-19: Campaigns and Post Lockdown Interventions** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Promote production of Face Masks at Home and distribution among villagers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |

\*\* Please convert the resource mobilization obtained in kind, equipments, transport, human resource, etc. into amount as per state/ local market rate.

\*\* Enclose one page write-up (neatly typed) for each project mentioned above separately with press clippings, Videos and action photographs.

\*\* VIPs and Dignitaries (Hon’ble Ministers, MPs, MLAs, Heads of PRIs, Officers of Development Departments, Agencies, District Administration, etc.

\*\* Certified that the report given above and fund and resource mobilization information is true and correct

Note : Please use the same proforma. **Signature**

**Name:……………………………….**

**District Youth Officer with Office Stamp**

**Prepared by ACT: Name and Signature ……………………………………………**

**Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:………………………………..**

**.**

**Annexure – 10 B**

**From District NYKs to State Office**

*FOCUS AREAS PROGRAMS* (*Cumulative Progress Report* ) 2021-2022

FOCUS AREAS PROGRAMS Conducted by Youth Clubs as per their Annual Action Plan with the Guidance of District NYKS and in coordination with PRIs, Service Providers, Departments and Agencies by raising support, resources and funds as well as involvement of Village Communities

Name of State Director ………………………No. of District NYKs………………No. of Blocks………………No. of NY Volunteers………………Progress Report for the Period ……………………

| **S.No.** | **Name of the Programme organized** | **Program Unit** | **No. of Activities Organized** | | **No. of Youth Clubs involved** | **Name of collaborating agency / deptts.** | **No. of places/ villages where progs. organized** | **Name & Designation of VIPs and dignitaries attended prog.\*\*** | **No. of Days** | **Resource Mobilization** | | | | | **Number of participants / Beneficiaries** | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Target**  **(Annual)** | **Achieved** | **Funds raised for activity**  **( in Rs.)** | **No. of Resource Persons, Trainers and Experts invited** | | **Material, Equipments, Transport, etc.** | | **SC** | | **ST** | | **Minority** | | **OBC** | | **Gen.** | | **Total** | |
| **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** |
|  | **Clean Village- Green Village** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set | No. of Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation | No. of Saplings planted |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers | No. of Work Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Jal Jagran Abhiyan** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action | No. o f Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) | No. of Villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness and Motivation for Rain Water Harvesting and water reuse | No. of Programs |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells | No. of Ponds and Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks | No. of Water Tanks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells | No. of Water Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) | No. of villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area | No. of Hand Pumps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank | Number of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse | No. of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Led Fit India Movement : Youth Wellness & Positive Life style** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse | No. of Activities |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian | No. of Tasks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. | No. of Lecturers |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Fitness @Home with Family** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Yoga | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dance | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stretch | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Skipping | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Exercise | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aerobics | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Kite Flying | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stair Case Climbing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Jogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Solo Run | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Walk | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Plogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cycling | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Swimming | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dancing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Acrobats | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Traditional Games & Sports | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Other Youth Wellness and Positive Life Style Activities** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Blood Donation | No. of Blood Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping | No. of youth |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers | No. of Women |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) | No. of Children |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations | No. of Persons |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | No. of Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Skills Mapping Exercise for identifying youth and Linking them with economic activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Prepare and educate youth volunteers to guide and support needy/ beneficiaries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Reach out to the needy beneficiaries and make them aware of Schemes for their development | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sensitize youth to avail benefits under Schemes | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Organize facilitation camps with Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Preparing list of MSME and other potential Industries for Jobs | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undergo basic vocational courses | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Handholding and Follow up for employment /Self-employment with Service Providers / Industries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **COVID-19: Campaigns and Post Lockdown Interventions** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Promote production of Face Masks at Home and distribution among villagers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |

\*\* Please convert the resource mobilization obtained in kind, equipments, transport, human resource, etc. into amount as per state/ local market rate.

\*\* Enclose one page write-up (neatly typed) for each project mentioned above separately with press clippings, videos and action photographs.

\*\* VIPs and Dignitaries (Hon’ble Ministers, MPs, MLAs, Heads of PRIs, Officers of Development Departments, Agencies, District Administration, etc.

\*\* Certified that the report given above and fund and resource mobilization information is true and correct

**Note : Please use the same proforma. Signature**

**Name:……………………………….**

**Prepared by Dealing Hand: Name & Signature ……………………………………… District Youth Officer with Office Stamp**

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:………………………………..**

Annexure –10C

**From State Office to NYKS, Hqr.**

FOCUS AREAS PROGRAMS (Monthly Progress Report) 2021-2022

FOCUS AREAS PROGRAMS Conducted by Youth Clubs as per their Annual Action Plan with the Guidance of District NYKS and in coordination with PRIs, Service Providers, Departments and Agencies by raising support, resources and funds as well as involvement of Village Communities

Name of State Director …………………………..No. of District NYKs……………No. of Blocks……………….No. of NY Volunteers…………Progress Report for the month ………………………

| **S.No.** | **Name of the Programme organized** | **Program Unit** | **No. of Activities Organized** | | **No. of Youth Clubs involved** | **Name of collaborating agency / deptts.** | **No. of places/ villages where progs. organized** | **Name & Designation of VIPs and dignitaries attended prog.\*\*** | **No. of Days** | **Resource Mobilization** | | | | | **Number of participants / Beneficiaries** | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Target**  **(Annual)** | **Achieved** | **Funds raised for activity**  **( in Rs.)** | **No. of Resource Persons, Trainers and Experts invited** | | **Material, Equipments, Transport, etc.** | | **SC** | | **ST** | | **Minority** | | **OBC** | | **Gen.** | | **Total** | |
| **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** |
|  | **Clean Village- Green Village** | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1. 1 | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set | No. of Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation | No. of Saplings planted |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers | No. of Work Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Jal Jagran Abhiyan** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action | No. o f Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) | No. of Villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness and Motivation for Rain Water Harvesting and water reuse | No. of Programs |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells | No. of Ponds and Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks | No. of Water Tanks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells | No. of Water Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) | No. of villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area | No. of Hand Pumps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank | Number of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse | No. of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Led Fit India Movement : Youth Wellness & Positive Life style** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse | No. of Activities |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian | No. of Tasks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. | No. of Lecturers |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Fitness @Home with Family** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Yoga | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dance | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stretch | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Skipping | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Exercise | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aerobics | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Kite Flying | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stair Case Climbing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Jogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Solo Run | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Walk | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Plogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cycling | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Swimming | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dancing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Acrobats | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Traditional Games & Sports | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Other Youth Wellness and Positive Life Style Activities** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Blood Donation | No. of Blood Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping | No. of youth |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers | No. of Women |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) | No. of Children |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations | No. of Persons |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | No. of Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Skills Mapping Exercise for identifying youth and Linking them with economic activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Prepare and educate youth volunteers to guide and support needy/ beneficiaries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Reach out to the needy beneficiaries and make them aware of Schemes for their development | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sensitize youth to avail benefits under Schemes | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Organize facilitation camps with Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Preparing list of MSME and other potential Industries for Jobs | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undergo basic vocational courses | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Handholding and Follow up for employment /Self-employment with Service Providers / Industries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **COVID-19: Campaigns and Post Lockdown Interventions** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Promote production of Face Masks at Home and distribution among villagers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |

\*\* Please convert the resource mobilization obtained in kind, equipments, transport, human resource, etc. into amount as per state/ local market rate.

\*\* Enclose one page write-up (neatly typed) for each project mentioned above separately with press clippings, videos and action photographs.

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**NOTE : Please use the same proforma.**

**Prepared by Dealing Hand: Name & Signature ………………………………………**

**Date** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature**

**Name:………………………………**

**State Director with Office Stamp**

**Date:………………………………..**

**Annexure – 10 D**

**From State Office to NYKS, Hqr.**

*FOCUS AREAS PROGRAMS* (*Cumulative Progress Report* ) 2021-2022

FOCUS AREAS PROGRAMS Conducted by Youth Clubs as per their Annual Action Plan with the Guidance of District NYKS and in coordination with PRIs, Service Providers, Departments and Agencies by raising support, resources and funds as well as involvement of Village Communities

Name of State Director ………………………No. of District NYKs………………No. of Blocks………………No. of NY Volunteers………………Progress Report for the Period ……………………

| **S.No.** | **Name of the Programme organized** | **Program Unit** | **No. of Activities Organized** | | **No. of Youth Clubs involved** | **Name of collaborating agency / deptts.** | **No. of places/ villages where progs. organized** | **Name & Designation of VIPs and dignitaries attended prog.\*\*** | **No. of Days** | **Resource Mobilization** | | | | | **Number of participants / Beneficiaries** | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Target**  **(Annual)** | **Achieved** | **Funds raised for activity**  **( in Rs.)** | **No. of Resource Persons, Trainers and Experts invited** | | **Material, Equipments, Transport, etc.** | | **SC** | | **ST** | | **Minority** | | **OBC** | | **Gen.** | | **Total** | |
| **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** | **M** | **F** |
|  | **Clean Village- Green Village** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set | No. of Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation | No. of Saplings planted |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers | No. of Work Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Jal Jagran Abhiyan** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action | No. o f Drives |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) | No. of Villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness and Motivation for Rain Water Harvesting and water reuse | No. of Programs |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells | No. of Ponds and Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks | No. of Water Tanks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells | No. of Water Wells |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) | No. of villages |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area | No. of Hand Pumps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank | Number of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse | No. of Projects |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Led Fit India Movement : Youth Wellness & Positive Life style** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse | No. of Activities |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian | No. of Tasks |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. | No. of Lecturers |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Fitness @Home with Family** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Yoga | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dance | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stretch | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Skipping | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Exercise | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aerobics | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Kite Flying | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Stair Case Climbing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Jogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Solo Run | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Walk | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Plogging | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cycling | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Swimming | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dancing | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Acrobats | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Traditional Games & Sports | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Other Youth Wellness and Positive Life Style Activities** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Blood Donation | No. of Blood Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping | No. of youth |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | No. of Girls |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers | No. of Women |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) | No. of Children |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations | No. of Persons |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | No. of Camps |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Skills Mapping Exercise for identifying youth and Linking them with economic activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Prepare and educate youth volunteers to guide and support needy/ beneficiaries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Reach out to the needy beneficiaries and make them aware of Schemes for their development | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Sensitize youth to avail benefits under Schemes | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Organize facilitation camps with Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Preparing list of MSME and other potential Industries for Jobs | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undergo basic vocational courses | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Handholding and Follow up for employment /Self-employment with Service Providers / Industries | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **COVID-19: Campaigns and Post Lockdown Interventions** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Promote production of Face Masks at Home and distribution among villagers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. | Number |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |

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**Prepared by Dealing Hand: Name & Signature ………………………………………**

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature**

**Name:……………………………….**

**State Director with Office Stamp**

**Date:………………………………..**