**Annexure- 6 A**

**From District NYK to State Office**

**Nehru Yuva Kendra ................... (State)**

**Proforma for preparing District Level Annual Action Plan 2020-21 on Focus Areas**

**Number of Youth Clubs submitted Plan…………………… No. of NYVs involved..................... No. of Villages covered.....................................No. of Blocks covered............................**

1. **Clean Village- Green Village**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sr. No** | **Types of activities to be undertaken by Youth Club** | **Number of activities to be organized** | **Name of themes to be covered and Issues to be taken up** | **Duration**  (in days) | **Period** | | **Number of Youth Club Members & Volunteers to be involved**  **(A)** | **Number of Villagers and others to be involved**  **(B)** | **Total**  **(A+B)** | **Name of Deptt. and Agencies to be coordinated for support, resources, materials and**  **Funds to be mobilized for the activity** | **Funds**  (in Rs.) | **Expected Outcome** |
| **From** | **To** |
|  | Cleanliness Drives across village with Sewa Bhaav and Positive Mind Set |  |  |  |  |  |  |  |  |  |  |  |
|  | Cleanliness of nearby Monuments and Cultural Heritage Sites |  |  |  |  |  |  |  |  |  |  |  |
|  | Collection of plastic material from all parts of village till it becomes Plastic Free |  |  |  |  |  |  |  |  |  |  |  |
|  | Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages |  |  |  |  |  |  |  |  |  |  |  |
|  | Display of No Plastic Use Messages at prominent places, houses, schools, shops, etc |  |  |  |  |  |  |  |  |  |  |  |
|  | Distribution of Cloth Bags & Dust Bins |  |  |  |  |  |  |  |  |  |  |  |
|  | Door to Door Plastic collection ‘NishKaam Karma’ |  |  |  |  |  |  |  |  |  |  |  |
|  | Adopt technologies for recycling of waste and plastic material |  |  |  |  |  |  |  |  |  |  |  |
|  | Village Beautification activities (Social Assets Adoption – Streets, Panchayat Ghar, Community Places, Schools, Anganwadi Centres, PHCs, etc) |  |  |  |  |  |  |  |  |  |  |  |
|  | Medicinal and Local Species Sapling Plantation |  |  |  |  |  |  |  |  |  |  |  |
|  | Shramdaan (Work Camps) by youth and villagers |  |  |  |  |  |  |  |  |  |  |  |
|  | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other, pl specify |  |  |  |  |  |  |  |  |  |  |  |
| **Total** | |  |  |  |  |  |  |  |  |  |  |  |

1. **Jal Jagran Abhiyan**

| **Sr. No** | **Types of activities to be undertaken by Youth Club** | **Number of activities to be organized** | **Name of themes to be covered and Issues to be taken up** | **Duration**  **(in days)** | **Period** | | **Number of Youth Club Members & Volunteers to be involved**  **(A)** | **Number of Villagers and others to be involved**  **(B)** | **Total**  **(A+B)** | **Name of Deptt. and Agencies to be coordinated for support, resources, materials and**  **Funds to be mobilized for the activity** | **Funds**  (in Rs.) | **Expected Outcome** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **From** | **To** |
| **A.** | **Environment Building** |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness & Sensitization Drive: Mobilization of Youth for community action |  |  |  |  |  |  |  |  |  |  |  |
|  | Jal Samvad (Talks/ Dialogue by subject experts/motivators) |  |  |  |  |  |  |  |  |  |  |  |
|  | Sharing of experiences and best practices |  |  |  |  |  |  |  |  |  |  |  |
|  | Competitions: Quiz, Poster Making, Painting, Slogan Writing, etc. |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Dont’s) |  |  |  |  |  |  |  |  |  |  |  |
|  | Education and Handholding for Rain Water Harvesting |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness for water reuse |  |  |  |  |  |  |  |  |  |  |  |
| **B.** | **Community Action** |  |  |  |  |  |  |  |  |  |  |  |
|  | De-silting of water sources and traditional water bodies |  |  |  |  |  |  |  |  |  |  |  |
|  | Digging, maintenance and repairing : Wells, Ponds, Small Water Channels |  |  |  |  |  |  |  |  |  |  |  |
|  | Deepening of village Ponds and Wells |  |  |  |  |  |  |  |  |  |  |  |
|  | Construction of Water Tanks |  |  |  |  |  |  |  |  |  |  |  |
|  | Disinfections of Drinking Water Wells |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Budgeting (Do’s & Don’ts) |  |  |  |  |  |  |  |  |  |  |  |
|  | Repairing of Hand Pumps and maintenance of its surrounding area |  |  |  |  |  |  |  |  |  |  |  |
|  | Putting Tap on running drinking water |  |  |  |  |  |  |  |  |  |  |  |
|  | **Catch the Rain, where it falls, when it falls**- Rain Water Harvesting : collection of rain water on roofs of the houses and get together in underground tank |  |  |  |  |  |  |  |  |  |  |  |
|  | Water reuse: collection of used water for reuse |  |  |  |  |  |  |  |  |  |  |  |
|  | Water Conservation and Harvesting |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other, pl specify |  |  |  |  |  |  |  |  |  |  |  |
|  | **Total** |  |  |  |  | |  |  |  |  |  |  |

1. **Youth Led Fit India Movement : Youth Wellness & Positive Life style**

| **Sr. No** | **Types of activities to be undertaken by Youth Club** | **Number of activities to be organized** | **Duration**  **(in days)** | **Period** | | | **Number of Youth Club Members & Volunteers to be involved**  **(A)** | **Number of Villagers and others to be involved**  **(B)** | **Total**  **(A+B)** | **Name of Deptt. and Agencies to be coordinated for support, resources, materials and**  **Funds to be mobilized for the activity** | **Funds**  (in Rs.) | **Expected Outcome** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **From** | **To** | |
| **A**. | **Awareness & Education of Youth on Youth Wellness & Positive Life style** |  |  |  |  | |  |  |  |  |  |  |
|  | Awareness & Education Activities on Methods of Prevention of HIV - AIDS, Drug Abuse |  |  |  |  | |  |  |  |  |  |  |
|  | Motivation Talks on Fundamental Duties & Proud to be Indian |  |  |  |  | |  |  |  |  |  |  |
|  | Lecturers, Talks and Discussions on Youth Reproductive Health, Immunity, Nutrition, Life Style diseases, etc. |  |  |  |  | |  |  |  |  |  |  |
|  | Any other, please specify |  |  |  |  | |  |  |  |  |  |  |
| **B.** | **Physical Activities** |  |  |  |  | |  |  |  |  |  |  |
|  | **Fitness @Home with Family** |  |  |  |  | |  |  |  |  |  |  |
|  | Yoga |  |  |  |  | |  |  |  |  |  |  |
|  | Dance |  |  |  |  | |  |  |  |  |  |  |
|  | Stretch |  |  |  |  | |  |  |  |  |  |  |
|  | Skipping |  |  |  |  | |  |  |  |  |  |  |
|  | Exercise |  |  |  |  | |  |  |  |  |  |  |
|  | Aerobics |  |  |  |  | |  |  |  |  |  |  |
|  | Kite Flying |  |  |  |  | |  |  |  |  |  |  |
|  | Stair Case Climbing |  |  |  |  | |  |  |  |  |  |  |
|  | Cleaning and other home bound activities which promote fitness |  |  |  |  | |  |  |  |  |  |  |
|  | Any other, pl specify |  |  |  |  | |  |  |  |  |  |  |
| **C.** | **Outdoors Fitness Events while following COVID-19 Safety Norms** | | | | | | | | | | | |
|  | Jogging |  |  |  |  | |  |  |  |  |  |  |
|  | Solo Run |  |  |  |  | |  |  |  |  |  |  |
|  | Walk |  |  |  |  | |  |  |  |  |  |  |
|  | Plogging |  |  |  |  | |  |  |  |  |  |  |
|  | Cycling |  |  |  |  | |  |  |  |  |  |  |
|  | Swimming |  |  |  |  | |  |  |  |  |  |  |
|  | Dancing |  |  |  |  | |  |  |  |  |  |  |
|  | Acrobats |  |  |  | |  |  |  |  |  |  |  |
|  | Traditional Games & Sports |  |  |  | |  |  |  |  |  |  |  |
|  | Any other limited group physical activities, pl specify |  |  |  | |  |  |  |  |  |  |  |
| **D.** | **Other Youth Wellness and Positive Life Style Activities** |  |  |  | |  |  |  |  |  |  |  |
|  | Blood Donation |  |  |  | |  |  |  |  |  |  |  |
|  | Enrolment of Voluntary Blood Donors and their Blood Grouping |  |  |  | |  |  |  |  |  |  |  |
|  | Providing access of Iron Folic Acid Tablet to Adolescent Girls |  |  |  | |  |  |  |  |  |  |  |
|  | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. |  |  |  | |  |  |  |  |  |  |  |
|  | Motivate and Facilitated Institutionalized Deliveries |  |  |  | |  |  |  |  |  |  |  |
|  | Immunization of Pregnant Mothers |  |  |  | |  |  |  |  |  |  |  |
|  | Motivate parents for Immunization of Children (0-5 yrs) |  |  |  | |  |  |  |  |  |  |  |
|  | Cataract (Eye) operations |  |  |  | |  |  |  |  |  |  |  |
|  | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) |  |  |  | |  |  |  |  |  |  |  |
|  | Any other, please specify |  |  |  | |  |  |  |  |  |  |  |
|  | **Total** |  |  |  | |  |  |  |  |  |  |  |

1. **Youth Mapping, Skilling and Handholding - Aatma Nirbhar Bharat**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
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| **From** | **To** |
|  | | Skills Mapping Exercise for identifying youth and Linking them with economic activities |  |  |  |  |  |  |  |  |  |  |  |
|  | | Prepare and educate youth volunteers to guide and support needy/ beneficiaries |  |  |  |  |  |  |  |  |  |  |  |
|  | | Reach out to the needy beneficiaries and make them aware of Schemes for their development |  |  |  |  |  |  |  |  |  |  |  |
|  | | Sensitize youth to avail benefits under Schemes |  |  |  |  |  |  |  |  |  |  |  |
|  | | Organize facilitation camps with Bank Mitras |  |  |  |  |  |  |  |  |  |  |  |
|  | | Facilitate beneficiaries in filling up Digital Forms by Bank Mitras |  |  |  |  |  |  |  |  |  |  |  |
|  | | Career Melas, Career Counseling & Guidance with the Coordination with Development Agencies and Service Providers |  |  |  |  |  |  |  |  |  |  |  |
|  | | Preparing list of MSME and other potential Industries for Jobs |  |  |  |  |  |  |  |  |  |  |  |
|  | | Motivating youth to undergo basic vocational courses |  |  |  |  |  |  |  |  |  |  |  |
|  | | Motivating youth to undertake Skills up-gradation, Skill building for employment / self-employment |  |  |  |  |  |  |  |  |  |  |  |
|  | | Handholding and Follow up for employment /Self-employment with Service Providers / Industries |  |  |  |  |  |  |  |  |  |  |  |
|  | | Any other, pl specify |  |  |  |  |  |  |  |  |  |  |  |
|  | | **Total** |  |  |  |  |  |  |  |  |  |  |  |

1. **COVID-19: Campaigns and Post Lockdown Interventions**

| **Sr. No** | **Types of activities to be undertaken by Youth Club** | **Number of activities to be organized** | **Name of themes to be covered and Issues to be taken up** | **Duration**  **(in days)** | **Period** | | **Number of Youth Club Members & Volunteers to be involved**  **(A)** | **Number of Villagers and others to be involved**  **(B)** | **Total**  **(A+B)** | **Name of Deptt. and Agencies to be coordinated for support, resources, materials and**  **Funds to be mobilized for the activity** | **Funds**  (in Rs.) | **Expected Outcome** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **From** | **To** |
|  | Promote production of Face Masks at Home and distribution among villagers |  |  |  |  |  |  |  |  |  |  |  |
|  | Providing support to families for Care of Elderly People and persons affected with COVID 19 |  |  |  |  |  |  |  |  |  |  |  |
|  | Volunteer’s education in IGOT Portal |  |  |  |  |  |  |  |  |  |  |  |
|  | Aarogya Setu App – Downloading |  |  |  |  |  |  |  |  |  |  |  |
|  | Provide Support to District Administration by deploying Youth Volunteers |  |  |  |  |  |  |  |  |  |  |  |
|  | Wall writings, social media campaigns, e-posters campaigns to Create Awareness, Bust Myths, Counter Fake News & Rumours |  |  |  |  |  |  |  |  |  |  |  |
|  | **Badalkar Apna Vyavahar, Karein Corona Par Vaar** - Prevent social stigma and discrimination against persons affected with COVID-19, Front Line Workers and COVID Warriors |  |  |  |  |  |  |  |  |  |  |  |
|  | Conducting support and relief activities |  |  |  |  |  |  |  |  |  |  |  |
|  | Awareness Campaign for Dissemination of Key Messages on the precautions in different situations. Messages viz. Do’s and Don’ts, Mistakes and Misnomers, use of face covers/ masks, washing hand on regular intervals, maintaining social distancing, Encouraging COVID-19 testing among the people, Immunity Boosting, particularly, AYUSH, discouraging non-essential travel, avoid over crowded , etc. |  |  |  |  |  |  |  |  |  |  |  |
|  | Any other, please specify |  |  |  |  |  |  |  |  |  |  |  |
|  | **Total** |  |  |  |  |  |  |  |  |  |  |  |

**Prepared by : Name of ACT……………….**

**Signature………………….**

**Date :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature of the District Youth Coordinator**

**with office Stamp**

**Name : ..................**

**Date: .......................**