



# नेहरु युवा केन्द्र संगठन Nehru Yuva Kendra Sangathan

स्वायत्तशासी संस्था An Autonomous Body under the  
युवा कार्यक्रम एवं खेल मंत्रालय Ministry of Youth Affairs and Sports  
भारत सरकार Government of India



Ref No. NYKS/NPYAD-Adventure Camp/2015-16/1207

Date: 03.12.2015

From: Dr. M. P. Gupta, Joint Director (NPYAD), NYKS, HQ, Delhi

To: All Zonal Directors, Nehru Yuva Kendra Sangathan

Sub: Guidelines and other details for organizing Adventure Camps under NPYAD for the year 2015-16.

Madam/Sir,

1. The Ministry of Youth Affairs & Sports vide its sanction letter No. F.13-18/2015-NPYAD dated 06.10.2015 has sanctioned 147 Adventure Camps for the year 2015-16. An amount of Rs. 1,37,81,250/- @ Rs. 97,350/- per camp for organizing 147 camps have been released to the concerned PAO zone (Annexure I).
2. Please find enclosed herewith the budget break up at Annexure II, Budgetary Guidelines at Annexure III, the Operational Guidelines at Annexure IV, Invitation proforma at Form - 1, List of participants for participating in Adventure Camp at Form - 2, Nomination form at Form - 3, Reporting Format at Form - 4, Expectation of participants and feedback form for participants at Form - 5 & 6 and plan of implementation at Form - 7 for organizing Adventure Camps.
3. Awareness about National Flagship Programme of Government of India for Financial and Social inclusion should be created during the camp for more details please see the enclosed guidelines.
4. You are requested to ask the concerned DYCs to strictly adhere to the guidelines for the organization of Adventure Camp.
5. Local district/State units of NSS and NCC be coordinated for successful/implementation of this programme.
6. Schedule of Camps should be planned in rational manner and scope for inspection, visits & surprise visits should be incorporated in the programme. Vigilance compliance must be ensured.
7. All ZDs must send Plan of Implementation of Adventure Camps in attached format (Form - 7) so as to reach HQ. NYKS, Delhi well in advance before commencement of the programme. It would facilitate extending invitation to officials and dignitaries to visit the programme.
8. Inviting the participants of Adventure Camps will be the prime responsibility of the host District Youth Coordinator (DYC). He/She will confirm the participation of

द्वितीय तल, कोर-IV, स्कोप मीनार, लक्ष्मी नगर जिला केन्द्र, विकास मार्ग, दिल्ली-110092  
2nd Floor, Core-IV, Scope Minar, Laxmi Nagar District Centre, Vikas Marg, Delhi-110092  
Tel : 011-22402800, 22446070 Fax : 011-22446069 email : feedback@nyks.org

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the participating Kendras. It will be the duty of each ZD to see that the host Kendras have invited participating Kendras at the earliest, and the confirmations are received immediately.

9. The participants should be selected immediately after Plan of Implementation is final and it should be shared with respective Zonal Directors. **Youth from Saansad Adarsh Grams may also be given opportunity to participate in the Adventure Camps.**
10. Interaction Session with participant about their expectations from the programme, on their arrival and feedback session with participant about their feedback from the programme on their departure should positively be organised. **Video-Clipping of both the session is mandatory** which should be shared with NYKS Hqtrs. with the report.(Form 5 & 6.)
11. For mobilising support and resources local units of NCC be coordinated for this programme. NSS volunteers should also be involved during the camp as per their suitability.
12. To make the programme more transparent, responsive, vigilant and effective, local public Representatives viz. Hon'ble Ministers, MPs, MLAs, PRI members; eminent personalities from different walks of life, State Govt. and Districts Administration's Officers; Chairpersons and Members of SACYP and DACYP and others with whom NYKS have been collaborating, should be invited on different occasions during the camp. Their remarks about the camp should be taken in Visitor's Book.
13. Electronic and Print Media should be invited for wider coverage of the programme.
14. The required funds are being released to concerned PAO Zones through RTGS for immediate release to concerned Zonal Offices and Kendras.
15. Funds should be utilized strictly accordingly to the budget breakup attached with this letter. There should not be any diversion. Even inter head diversion is not permitted. Settlement of accounts will be on the basis of actual expenditure or maximum admissible amount without the head, whichever would be the less. If number of participants will be less then boarding and lodging and other expenditure amount will be deducted accordingly.
16. Transparency and probity in utilization of funds supported by Correct and complete real time accounting should be ensured.
17. During the period of preparatory phase of the Programme **DYC should send weekly and fortnightly report to Zonal Directors. Zonal Directors are requested to send compiled weekly and fortnightly report to Shri A. K. Verma, Assistant Director, (NPYAD). His email id is [project.nyks@gmail.com](mailto:project.nyks@gmail.com).**
18. Comprehensive monitoring mechanism and reporting system should be followed. A daily report will be forwarded by the ZD to Shri A. K. Verma, Assistant Director, (NPYAD).

Continued to page 3...



21. Respective Zonal Director should also ensure to get feedback from the participants on daily basis through meetings and should ensure resolution of the issues, if any thereof. Similarly, he should also be alert about instructions forwarded by the DG and Hqtrs and ensure compliance of the same.
22. It is important to mention here that Zonal Directors of zone organizing the programmes and Participating Zonal Directors, NYKS should submit the compiled report within 15 days of the completion of the programme.
23. Physical Progress Report in the prescribed proforma attached in the guidelines along with detailed report of the activities undertaken during 07 days of the programme should be supported by quality action photographs, press clipping and Video-clippings.
24. The report should also be supported with evaluation report, inclusive of feedback report along with analysis of the feedback given by the participants.
25. Please note that hard copies of the above mentioned report and with soft copies are required to be sent to Hqtrs.
26. Audited utilization certificate based on actual expenditure and within the sanctioned released amount should be submitted immediately after completion of the programme.
27. Hence, you are directed to organize the programme in befitting manner and submit reports and returns immediately after completion of the programme to Dr. A.K. Verma, Asst. Director (Spl. Projects) at [project.nyks@gmail.com](mailto:project.nyks@gmail.com) and [arjun03\\_2000@yahoo.com](mailto:arjun03_2000@yahoo.com)
28. This issue with the approval of the Director General.

Yours sincerely,  
  
(Dr. M.P. Gupta)  
Joint Director (NPYAD)

Encl: All Annexure from I to VII above being sent through email only and placed on NYKS Website.

CC:

1. PS to VCs
2. PS to DG.
3. Director FB&A for information please.
4. ZD, NYKS, PAO zone, Gandhinagar, Bhubaneswar, Lucknow, Guwahati, Bangalore and Alipur.
5. Concerned Zonal Directors, NYKS.
6. JD, CDN for information and necessary action.

## Annexure I

## Fund Release for Adventure Camps for the year 2015 - 16

S. No	PAO	State/ Zone	No of Kendras in the state/ Zone	No. of Adventure Camps allocated	Total Amount calculated @ 93750 per camp (93750 * f)	Total Amount to be released PAO wise
(a)	(b)	(c)	(d)	(f)	(g)	(h)
1	Bangalore	Andhra Pradesh	13	3	281250	2156250
2		Telangana	10	2	187500	
3		Tamilnadu	30	7	656250	
4		Puducherry	4	1	93750	
5		Karnataka	27	6	562500	
6		Kerala, Lakshadweep & Mahe	15	4	375000	
7	Gandhinagar	Gujarat, Dadar Nagar & Haveli, Daman & Diu and Goa	29	7	656250	2812500
8		Madhya Pradesh	48	11	1031250	
9		Chattisgarh	16	4	375000	
10		Maharashtra	35	8	750000	
11	Alipur	Rajasthan	32	8	750000	2343750
12		Delhi	9	2	187500	
13		Haryana	19	4	375000	
14		Punjab & Chandigarh	21	5	468750	
15		Himachal Pradesh	12	3	281250	
16		Jammu & Kashmir	14	3	281250	
17	Guwahati	Sikkim	4	1	93750	1968750
18		Assam	27	6	562500	
19		Arunachal Pradesh	15	4	375000	
20		Meghalaya	7	2	187500	
21		Tripura	4	1	93750	
22		Nagaland	11	3	281250	
23		Manipur	10	2	187500	
24		Mizoram	8	2	187500	
25	Bhubaneswar	Odisha	30	7	656250	2625000
26		Bihar	38	9	843750	
27		West Bengal and Andaman & Nicobar Island	29	7	656250	
28		Jharkhand	22	5	468750	
29	Luck now	Uttarakhand	13	3	281250	1875000
30		Uttar Pradesh	71	17	1593750	
<b>Grand Total</b>			<b>623</b>	<b>147</b>	<b>13781250</b>	<b>13781250</b>

**NEHRU YUVA KENDRA SANGATHAN  
BUDGET BREAK UP FOR ADVENTURE CAMPS 2015-16**

The Ministry of Youth Affairs & Sports has conveyed the sanction of Rs. 1,37,81,250/- (Rupees One Crore Thirty Seven Lakhs Eighty One Thousand Two Hundred And Fifty Rupees only) to the Director General, Nehru Yuva Kendra Sangathan, Core 4, Second Floor, Scope Minar, Twin Tower Complex, Laxmi Nagar, Delhi-110092 for organizing 147 Adventure Camps under the component of Promotion of Adventure Camps component of NPYAD Scheme for the year 2015 - 16 scheme as detailed below:

Sl.No.	Particular	Amount (in Rs.)
1.	Boarding and Tentage @ Rs.250/- per head for 25 youth for 7 days(25x250x07)	43,750
2.	Travelling Allowance @ Rs.500/- per head for 25 persons (25x500)	12,500
3.	Trekking/ Camping equipments for hire/ purchase on lump sum basis	25,000
4.	Contingencies@ 25% of B&L above	12,500
<b>Total</b>		<b>93,750</b>

Above sanctioned budget is released for organizing the camps as per list enclosed at **Annexure - I**.

**Further it is directed that:**

- The **utilization certificate should be submitted within 20 days after completion** of the camps with the audited statement of accounts comprising of Receipt & Payment Statement, Income & Expenditure Statement and Balance Sheet and other documents mentioned on preceding para. The utilization certificate should be checked and signed by the **Chartered Account** with reference to the initially and subsidiary accounts of the Government grant to be maintained by the grantee as per Rule 150 (5) of the GFRs 2004. Certificate to the effect that the quantified and qualitative target that should have been reached against the amount utilized were reached and if not the reasons thereon may be indicated in the Utilization Certificate.

NEHRU YUVA KENDRA SANGATHAN  
BUDGETRY GUIDELINES FOR ADVENTURE CAMPS 2015-16

**While conveying sanction to NYKS, MoYAS has strictly mentioned that:**

- (i) Amount of grants-in-aid should be utilized only for the purpose for which it is sanctioned and unspent balance of grants-in-aid shall be refunded by the grantee institution immediately after conducting the programme.
- (ii) The grantee shall not divert the grants and entrust execution of the scheme or work concerned to another Institutions or organizations and shall abide by the terms & conditions of the grant. If the grantee fails to utilize the grant, for the purpose for which the same has been sanctioned, the grantee will be required to refund the entire amount with interest accrued thereon @ 10% per annum.
- (iii) When the Government of India/State Government have reasons to believe that the sanctioned money is not being utilized for the approved purpose purposes, the payment of the grant shall be stopped.
- (iv) The grantee should exercise reasonable economy in the implementation of the approved project.
- (v) It may be ensured that the **beneficiaries must be in the age group of 15-29 years** and be identified in consultation with the Panchayati Raj Institutions. Since the National Youth Policy focuses on tribal, out of school, youth/adolescents with disabilities, youth in difficult circumstances, the grantee institution/ organization should ensure due representation of these persons in the camps. The grantee organization should ensure that **at least 16.20% of the participants should be from SC category and 8.20% of the participants from ST category.** It may also be noted that due representation should be given to **women and physically challenged** youth while conducting the programmes. **The list of women and SCs/STs may be prepared separately and sent to this Ministry along with list of participants.**
- (vi) The fact that the **programme is sponsored by the Ministry of Youth Affairs and Sports** should be **prominently highlighted** and displayed while inviting people and holding functions/programmes/events etc.

**Nehru Yuva Kendra Sangathan**  
**Guidelines for organization of Adventure Programmes**  
**2015-16**

**Introduction**

The scheme titled National Programme for Youth Adolescent Development (NPYAD) has been formulated by merger of four 100% central sector grants-in-aid schemes of the Ministry of Youth Affairs & Sports during 10<sup>th</sup> Plan namely, Promotion of Youth Activities & Training, Promotion of National Integration, Promotion of Adventure and Development and Empowerment of Adolescents.

Promotion of Adventure is one of the significant and important components of the NPYAD scheme. The adventure activities are planned to create and foster amongst the youth a spirit of risk – taking, cooperative teamwork, the capacity of ready and vital response to challenging situations and of endurance.

This also provides a creative and happy outlet for the abundant energy, enthusiasm and imagination of youth. While all youth should get the opportunity to avail themselves of adventure facilities, this scheme specially intends to serve the first generation learners and non-student youth both in urban and rural areas with particular thrust on non-student young people in the rural areas.

**Objectives:**

- Encouraging spirit of adventure and risk taking amongst youth.
- Inculcating spirit of nature appreciation with emphasis on ecology and conservation of natural resources.

**About the Project:**

The Ministry of Youth Affairs & Sports vide Sanction No. 13-18/2015-NPYAD dated 6<sup>th</sup> October, 2015 has sanctioned Rs. 1,37,81,250/- (Rupees One Crore Thirty Seven Lakhs Eighty One Thousand Two Hundred And Fifty Rupees only) @ Rs. 93,750/- per camp for organizing 147 Adventure Camps for the year 2015-16.

**Activities of the Camps:** The activities would include ---

1. Ground/Rock: Trekking on well established Tracks, Rock Climbing, Repelling, Safaris, , artificial rock /wall climbing
2. Water: White Water Rafting, Kayaking & Canoeing, long Swimming, Water sports,
3. Air: Para Sailing, Pare Gliding, Hang Gliding, Hot Air Ballooning

Besides these, during the Adventure Camp an everyday Cleanliness Drive activities would be undertaken by the participants and special sessions should also be organized with the help of experts and resource persons for educating and motivating the participants on National Flagship Programmes viz.

- ✓ Pradhan Mantri Jan Dhan Yojna, (Pradhan Mantri Suraksha Bima Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana, Atal Pension Yojana).
- ✓ MUDRA Bank (Micro Units Development and Re-Finance Agency).
- ✓ Swachh Bharat Mission, Nirmal Bharat Abhiyan- Constuction of Toilets.
- ✓ Digital India.
- ✓ Make in India.
- ✓ Skill India.
- ✓ Beti BAchao – Beti Padhao Abhiyan.
- ✓ Practice and Promotion of Good Governance and Civic Responsibilities.
- ✓ Partition in Saansad Adarsh Gram Yojana.
- ✓ Shramdaan – motivating youth to devote 100 hours on voluntary labor a year (2hrs a week ) in their areas.
- ✓ Other Schemes for the benefit of youth and masses.

**Recognized Institutions by MoYAS:**

1. The Indian Mountaineering Federation (IMF)
2. The National Institute of Water Sports, Goa
3. The Aero Club of India, New Delhi
4. Other Institutions in the field of Adventure

**Selection of Participants:**

Only 25 participants will participate in one adventure programme irrespective of its type.

The Zonal Director / host NYK will issue very clear guidelines to participating NYKS for selection of only those youth who fulfills following criteria.



- Preferred age group of participants should be between 15-29.
- All participants should be member of the Youth Clubs/Mahila Mandals affiliated to NYK and should be physically fit to participate in adventure activities.
- **Youth from Saansad Adarsh Grams may also be given opportunity to participate in the Adventure Camps.**
- Due representation should be given to Women, SC/ST/OBC. At least 30% of the participants should be women.
- All participants should be willing and able to participate in all activities planned for adventure programme.
- The participants of the previous adventure camp should not be considered for selection.
- All participating youth should be directed to submit a declaration in prescribed proforma duly countersigned by their parents allowing them to join the programme at their own risk. The proforma for the same be developed and circulated to participant Kendras along with the letter of invitation.

**Linkage / Safety Measures:**

Every programme must have a tie up /linkage with a recognized institute of proven expertise in the relevant field. It is advised to take assistance of National Adventure Foundation & other similar institutes. All scheduled safety measures should be followed while organizing adventure programme in order to avoid any miss-happening.

**Feedback of participants:**

Feedback of the participants attended the Adventure Camps should be taken prior to the camp and after the completion of the camps (Form 5 & 6) and questionnaire analysis of the feedback should be prepared and resented with the programmes report.

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**NEHRUYUVA KENDRA SANGATHN**  
**INVITATION FORM**  
(for participating in Adventure Camp)

To,

The Youth Coordinator

Nehru Yuva Kendra (Name of participating Kendra) .....

Dear Colleague,

I take this opportunity to invite a contingent of ..... (No. of participants) for participating in Adventure Camp being organised by Nehru Yuva Kendra (Name of Adventure Camp organising Kendra)..... as per detail below.

1. Name of NYK organizing Adventure Camp: .....
2. Address: .....
3. Phone No.
4. Email Id: .....
5. Dates of the Adventure Camp: From ..... to .....
6. Venue of the Adventure Camp: .....
7. How to reach:
8. Contact persons and their mobile & landline telephone numbers:-
  - a) DYC.....
  - b) ACT.....

You are therefore requested to send the details of contingent in the **enclosed Form** latest by (last date of receipt of details of participants from participating Kendra).....

Yours faithfully

**Name of**  
**Signature, District Youth Coordinator**  
**Nehru Yuva Kendra.....**  
**(Name of organising kendra)**

Enclosed: As above (Form) & Declaration Form.

CC:

1. Zonal Director (of the host Kendra)
2. Shri Nand Kumar Singh, Deputy Director NPYAD, NYKS, HQ, New Delhi.

**Nehru Yuva Kendra Sangathan**

**List of participants for participating in ADVENTURE CAMP**

(It is mandatory on the part of Kendra selected for participation to send contingent)

(a) Name of participating Kendra .....

(b) List of the participants and waiting list;

Sl. No.	Zone	Sl. No.	State/UTS	No. of Adventure Camps to be allocated	Sl. No.	Location of the camps	Dates	Identified Collaborating Agencies (including NCC &NSS)	Identified Areas

\*\* Participation of 16.20% of SC category and 8.20% of ST category must be ensured.

\*Due representation should be given to women (30%) and physically challenged youth for participation in the programme.

(c) Train name and number .....

(d) Date and time of the start of their journey:.....

(e) Estimated Time of arrival of the train at (station):.....

(f) Booking details of their return journey (Date and train name):

.....

Signature of DYC of Participating Kendra

Date \_\_\_\_\_

Name

Place \_\_\_\_\_

Stamp of the Kendra

**Nehru Yuva Kendra Sangathan**  
**Nomination Form for ADVENTURE CAMP**

(It is mandatory on the part of Kendra selected for participation and to send contingent)

- (a) Name of the Kendra organising the camp .....
- (b) Date and duration of the camp .....
- (c) Venue of the camp .....
- (d) List of the participants and waiting list;

Sl. No.	Name of the Participants	Name of the Father/Husband	Sex	Age	Category (SC/ST/OBC/Minority/General)
1					
2					
3					
4					
5					
6					
7					
8					
<b>Name of wait list participants</b>					
1					
2					
3					
4					
5					
6					
7					

\*\* Participation of 16.20% of SC category and 8.20% of ST category must be ensured.

- (e) Travel Plan of the contingent for attending camp..
- (i) Date of Departure..... and Time .....
- (ii) Date of Arrival of Campsite ..... and Time .....

Signature of DYC of Participating Kendra  
(Name of District Youth Coordinator)

Stamp of the Kendra



**Nehru Yuva Kendra Sangathan  
Adventure Camp**

**Date** \_\_\_\_\_ **to** \_\_\_\_\_

**Venue:-** \_\_\_\_\_

**EXPECTATION OF THE PARTICIPANTS**

(Questionnaire to be filed by the Participants on arrival)

1. Why did you wish to participate in Adventure Camp?

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2. Have you ever visited any place outside your district? If Yes, what was your experience?

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3. What are your expectations from this programme?

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4. Do you have friends/relatives outside your district \_\_\_\_\_  
yes/no \_\_\_\_\_  
If yes, Name the place \_\_\_\_\_

5. What are your opinion about friendship, good food, good health and Fraternity and what measures you will take to strengthen these?

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6. Do you know about the programmes run by Nehru Yuva Kendra or other department of Govt. in your district, if yes please elaborate.

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7. In which programmes you are interested. (Trekking on well established Tracks, Rock Climbing, Repelling, Safaris, artificial rock /wall climbing, White Water Rafting, Kayaking & Canoeing, long Swimming, Water sports, Para Sailing, Para Gliding, Hang Gliding, Hot Air Ballooning etc.) please specify?

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8. What are your hobbies? Please specify

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9. What measures should be taken for mainstreaming Adventure activities in the society?

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10. What specifically would you like to learn & get experience from this programme?

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11. Any other point you would like to mention

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**Nehru Yuva Kendra Sangathan  
Adventure Camp**

**Date** \_\_\_\_\_ **to** \_\_\_\_\_

**Venue:-** \_\_\_\_\_

**FEEDBACK FORM FOR PARTICIPANTS**

(Questionnaire to be filed by the Participants at the end of the programme)

1. Name of participant (Optional) \_\_\_\_\_

2. What was your first feeling when you come on the first day of the camp and what are your thoughts and impression now?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Have you made any friends during this programme if yes, how many and common areas of interest?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. What impressed you much about this programme

Topics of the programme \_\_\_\_\_

Class Room Session \_\_\_\_\_

Culture \_\_\_\_\_

Other Camp activity \_\_\_\_\_

Way of interaction of the resource person

\_\_\_\_\_

5. Did this programme enrich your knowledge about Adventure issue?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. In what way do you think you can contribute in upbringing of responsible and productive youths in the society?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. What role you would play after attending the Adventure Camp for mainstreaming the adolescent in your locality?

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8. How would you disseminate the information you have accumulated in ADVENTURE CAMP to your peer groups for their benefit?

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9. What improvements would you suggest in the organization of ADVENTURE CAMP? The activities you wish to be added/excluded from the programme.

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10. Your overall impression on:

- Boarding and Lodging:- \_\_\_\_\_

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- Programmes and activities:- \_\_\_\_\_

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- Interaction with Resource Person :- \_\_\_\_\_

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- Interaction with Youth:- \_\_\_\_\_

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11. Any other comment you would like to register apart from above points.

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**Nehru Yuva Kendra Sangathan**  
**Adventure Camp 2015-16, Plan of Implementation**  
 (To be prepared by the Zonal Director of Organising Kendra)

Zone .....

States .....

Name of Zonal Director.....

S. No.	Zone	Number of Adventure Camps allocated	Name of Organizing Kendra	Date and duration & Venue of Adventure Camp	Coordination with NCC units & NSS	Types of Adventure Activities	Name and Address of agency identified for Adventure Camps	Name & Contact details of involved Dy. Dir. for organising monitoring & supervising camps	Participating Kendra		
									Name	Zone	No. of Participants
1.									1.		
									2.		
									3.		
									4.		
									5.		
2.									1.		
									2.		
									3.		
									4.		
									5.		
n.									1.		
									2.		
									3.		
									n.		

Prepared by AO.....

Verified & Signed by ZD .....

. Note: This Plan of Implementation should be submitted to HQ (“[project.nyks@gmail.com](mailto:project.nyks@gmail.com)” and “[ddnpyad.nk@gmail.com](mailto:ddnpyad.nk@gmail.com)”) by email **at the earliest**.