

# Mentoring Youth Clubs bears fruits

## Women empowered to sustain their livelihoods

We report today on one such Mahila Mandal working for women empowerment under the leadership of Smt. Sushma Tyagi. Nehru Mahila Vikas evam Prashikshan Sansthan (NMVPS), Balrampur, Loni, Ghaziabad, Uttar Pradesh is one of the clubs amongst thousands of youth clubs in the country, which have been established by NYKS. Initial grooming and mentoring have resulted in successful grassroot initiatives.

The initiatives undertaken by the NMVPS have been replicated in Meerut and Hapur, where youth clubs in collaboration with Khadi Gramudyog in the year 2006-07 conducted five workshops in Dairy

“For the upliftment and training of women in the area, we set up a NMVPS. With the involvement of Nehru Yuva Kendra in 2005, various cultural, sports as well as livelihood training programmes were introduced in the area. Collaboration of NYKS and DUDA introduced training programmes such as basic computer skills, bag/purse making, stitching/tailoring, jaivik khaad and beautician courses. In the year 2005-06, with the support of Jan Shikshan Sansthan, 30 women were trained in stitching and tailoring and were also given sewing machines on the completion of the training programme”



Sushma Tyagi  
President, NMVPS

development, tailoring and stitching readymade garments and bag making. The trainees trained in these workshops are now employed.

Following the success of the training workshop, Khadi Gramudyog has been supporting NMVPS in conducting stitching training programmes. Under this scheme, more than 100 women were trained in the year 2007-2008. NMVPS has also been instrumental in other development initiatives such as construction of water tank in Farrukhnagar and plantation of 1000 trees in Alipur under afforestation scheme in the year 2008.

### A few Beneficiaries

Seema is running a tailoring shop in Vikas Nagar Loni, Ghaziabad. A woman who has never been to school and has been a housewife for more than 15 years, she was empowered through intensive training on tailoring and stitching made possible through a partnership between Nehru Yuva Kendra Sangathan and Apparel Training and Design Centre (ATDC).



The partnership aims to provide sustainable livelihood options to the women by training them in tailoring and apparel designing. As a result, more than 350 women have been trained in basic tailoring and stitching course and 200 women have got jobs.

Anju is a young, mother of one living in Ghaziabad. She makes soft toys at home and has been contributing more and more to her family's income through her craft.



As part of the project, Anju and other women in the district were trained to improve their skills and learn new crafts to sustain their livelihoods.

“Though I have been stitching at home but the design and quality of my work has greatly improved following the training. This has got me a job in an export house in Noida. I get paid Rs.4600 per month. Our entire batch of 40 women has got jobs. It's like a dream come true. Thanks to NYKS”, Asha said.”



The training provided to Asha and other women in her district is an initiative of Nehru Yuva Kendra in the district Ghaziabad.

*NMVPS in last eight years has reached out to more than 13000 women through its various programmes. About 200 women trainees have started their own income generation activity. NYK Ghaziabad felicitated this Club by giving the Outstanding District Youth Club Award.*

### Highlights

- NMVPS in collaboration with Department of Agriculture and Horticulture have conducted 4 training programmes of 50 days each to train women in pickle and jam making in the year 2010-2011.
- Through the mandal, RK Foundation and Bharat Petroleum have undertaken Garima Scheme under which 350 women have been trained in Zari Zardozi work. Eight SHGs have been formed through this collaboration.
- ATDC has set up a smart skill camp center in collaboration with NYK Ghaziabad. 50 candidates have been trained in the first batch in Sewing Machine Operator (Basic Course) and are provided with a honorarium of Rs. 4600 per month. After completion of training, more than 40 trainees have got jobs. NMVPS mobilised more than 200 women for these trainings.
- In the year 2013, with Central Employment Education Board's support, a workshop was conducted for 80 women who were oriented on the concept of self employment and were given a remuneration of Rs 100 per day for participation. In the last three years, more than 24000 rupees have been distributed to the women trainees.
- Trainings on vocational courses have created a strong cadre of over 13000 skilled women and 130 entrepreneurs.
- The interventions of NMVPS have helped empower women socially, economically and politically.

