

Annual Action Plan

2019-20



नेहरु युवा केन्द्र संगठन

World's Largest Youth Network

Nehru Yuva Kendra Sangathan

Ministry of Youth Affairs & Sports

Government of India



एक कदम स्वच्छता की ओर



Nehru Yuva Kendra Sangathan

Guidelines for Implementation of Annual Action Plan 2019-20

Introduction

India has the largest ever cohort of young people making transition to adulthood. In the National Youth Policy-2003, 'youth' was defined a person of age between 13-35 years is about 41 percent and of the total youth population in the country, 69.67 percent are in rural areas. More than 70% of the total Indian population is below the age of 35 years.

It may be noted that **in the current National Youth Policy Document 2014, of the Department of Youth Affairs, Ministry of Youth Affairs and Sports, (MoYAS) Government of India, the youth age-group is defined as 15-29 years**, with a view to have a more focused approach, as far as various policy interventions are concerned. Youth in the age group of 15-29 years comprise 27.5% of the population. At present, about 34% of India's Gross National Income (GNI) is contributed by the youth, aged 15-29 years.

In view of the **National Youth Policy Document 2014, the youth in the age group of 15-29 years would be the beneficiaries** under the Core Programs, Schemes, Projects and other activities of NYKS, unless or until otherwise specified.

Youth being the most vibrant and resourceful segment of the country's population, they have a vital role to play in fostering and strengthening socio-economic development. The challenge is to unleash their innate capabilities to come out of poverty, generate development and livelihoods outcomes, which enable them to live a healthy and meaningful life. Nonetheless, there exists a huge potential to increase the contribution of this class of the nation's citizenry by increasing their labour force participation and their productivity.

Nehru Yuva Kendra Sangathan

The scheme of Nehru Yuvak Kendra in the country was started by Government of India in the year 1972. The **Nehru Yuva Kendra Sangathan (NYKS)** came into existence in 1987 as an autonomous body of the Government of India which is presently functioning under Department of Youth Affairs, Ministry of Youth Affairs & Sports. Since 1972, there has been a phenomenal expansion and growth of Nehru Yuva Kendras which are currently functional in 623 districts of the country.

The core strength of NYKS is a net work of village level Youth Clubs in 623 districts across India. Between these Youth Clubs and district NYKs there is volunteer force of National Youth Volunteers (NYV) with whose assistance and participation, NYKS aims to achieve its objectives.

Convergence Initiatives

Nehru Yuva Kendra Sangathan is working at various fronts of youth development with a variety of programmes and schemes of the Department of Youth Affairs, Ministry of Youth Affairs & Sports. However, over a period, a paradigm shift in the utilization of the vast network of NYKS and its field units has commenced.

Therefore, in addition to its own core programmes, NYKS has been taking up programmes and schemes in convergence with various other Central Ministries, State Government Departments, United Nations Organizations and other agencies for the development and empowerment of youth. This in a way is assisting other Ministries and Departments to utilize the vast outreach of the NYKS and offer an opportunity to the youth to undertake development activities across the country.

Thus the youth associated with Nehru Yuva Kendras are not only socially aware, motivated but are also inclined towards social development work through voluntary efforts. For all these years, NYKS activities remained focused both on economic and non-economic development and welfare activities including poverty alleviation, Swachh Bharat Mission, Yoga, facilitate construction of Toilets, popularize **Pradhan Mantri National Flagship Schemes for Financial and Social Inclusion**, plantation of saplings, water conservation, plastic free villages, blood donation, linking youth with skill development trainings, Shramdaan, Beti Bachao - Beti Padhao activities, prevention of HIV/AIDS, Drugs abuse and Alcoholism, Health and Family Welfare programmes, Observance of Days of National Importance, Promotion of Nationalism and Patriotism, Voters Awareness, with involvement of Youth Clubs and village communities. However, a lot more remains to be done.

Genesis of Annual Action Plan 2019-20

1. The **Annual Action Plan 2019-20** is a consequence of brainstorming and feedback from numerous stakeholders. It will not only achieve the objectives of NYKS but will also provide the youth from all sections of society a much greater opportunity to participate, exhibit their talent and meaningfully contribute towards Nation Building. It would also enable the developed and empowered youth to assume leadership in addressing social and development issues, community welfare and peace building.

2. The plan would facilitate in establishing an institutional mechanism to generate Youth movement, build Cadre of committed and more aware as well as competent Youth in selected areas of their interest and for participation and promotion of National Flagship Schemes of Govt. of India, theme based activities in Aspirational Districts, Yoga, Cleanliness, Skill and Entrepreneurship development, as well as societal development and environment preservation activities, across India.
3. The directions given by **Hon'ble Prime Minister of India** during the Meeting held on 18th April 2016 at PMO pertaining to incorporation of following activities has been made as an integral part of NYKS AAP 2019-20 viz. Coordination and synergy among all the Govt. Youth Organizations; on National Youth Day (12th January) the entire youth be mobilized for a particular National cause; Youth be motivated to engage in the cleanliness of schools, colleges, hospitals and public statues and for making open defecation free villages; Youth be engaged in water conservation (Pani Bachao) & plastic free villages, and Indradhanush programme for vaccination, meaningful and result oriented sapling plantation, motivate and engage youth to play football.

Hon'ble Prime Minister in the course of his exposition in **Mann Ki Baat** on All India Radio on 31st December, 2017 indicated the following which the Nehru Yuva Kendra Sangathan has to work on:

- a) He welcomed the new millennium voters who would be seeking to register as **new voters** and would be participating in the democratic process. Therefore, the new voters' registration and appraising them of the important of their participation in democratic process assumes significance.

As soon as people register themselves as new voters, they should have complete knowledge of various Government Programmes so that they understand and to the extent possible take part in the development process. It is important that the district and State offices of NYKS convert themselves into some kind of a resource centre where all the Government programmes are available to be disseminated by way of information to the youth. Obviously, the electronic media and social media will also significantly contribute into these efforts.

- b) Youth should be made aware and educated on the issues to be undertaken under of **Sankalp Se Siddhi** for New India; where the youth would express their views on development of economy, the society and the nation. It would mean that there has to be a series of program and youth parliaments across India. Their suggestions could be compiled as their vision for New India emanating for Sankalp Se Siddhi.
4. Further, in order to realize the **vision of Hon'ble Prime Minister**, regarding youth development, the components of **National Flagship Programmes for Social and Financial inclusion** introduced by the Government, directions given by PMO, Cabinet Secretariat, Action points for Department on Youth Affairs which have emerged from the final Reports of Group of Secretaries presented before the Hon'ble Prime Minister, National Youth Policy – 2014, directions given by NITI Aayog, suggestions given in the Evaluation Studies, joint decisions taken with Ministry of Home Affairs, Ministry of Drinking Water and Sanitation (Jal Shakti), suggestions given by Vice Chairpersons and Members, BOG, NYKS, State Directors as well as during their interactions through meetings have been incorporated in NYKS Annual Action Plan 2019-20 .
 5. These have been achieved by improving contents of existing Core Programmes and also through improved targets of Coordination activities, methodology for better impact & improved results for visibility and image building of NYKS have been incorporated.
 6. Moreover, in order to rationalize and ensure actual implementation of programmes with quality outcome, the activities would be planned by all district NYKs in advance while keeping in view the weather condition, terrain, deployment and training of NYVs as well as extent of staff positioned in district NYKs in India.
 7. To give added attention - universal contents, strategy, focus areas and level of programs have been enumerated. Further, in the plan, scopes for synergy with all the stakeholders has been widened to not only mobilize additional resources for activities but also to maintain transparency, accountability and monitoring on one hand and to attain the vision of the Government of India on the other hand. A brief on the Core Programs and Activities of NYKS Action Plan 2019-20 follows and may be seen at **Annexure –1**.
 8. **Further, it has been planned to provide Core Programs based on number of Blocks in a given District.** Distribution of Core Programmes to District NYKs out of Block Grant of MoYAS on the basis of Number of Blocks in a District may be seen at **Annexure- 2**.

Goal : Development and Empowerment of Rural Youth for Nation Building

Aims

1. Mobilize, engage and empower youth for leadership and overall personality development
2. Establish institutional mechanism to generate Youth movement, build Cadre of committed Youth and engage them in Focus Areas
3. Motivate and enable the developed and empowered youth to assume leadership in addressing social and development issues, community welfare and peace building.
4. Provide youth opportunities to participate and exhibit their talent and meaningfully contribute towards Nation Building

Universal Contents

- **Hosting of National Flag**, Singing of National Anthem and Salute to National Flag, Yoga, Swachhta & Shramdaan in every activity.
- **Yuva Pledge** - Yuva Sankalap
- **National Flagship Programmes** of Central Government and how the people can get benefit out of these schemes.
- **Motivational Lecturers and Discussion** by Experts that promote Patriotism, Nation Building, Leadership, Strengthening Democracy, Social Harmony, Brotherhood and Role of Youth; Team Spirit and Personality Development.
- Brief and orient youth about NYKS – **Face Book, Website, WhatsApp** and **online affiliation** of Youth Clubs and Focus Areas.
- **Demonstration** to download the **Mobile App** (Narendra Modi, Bhuwan, etc.) and upload views, suggestions, photos.
- **Interactive sessions** on loyalty towards Nation and Organisation, Compliance and Communication, Report preparation and Media management.

Focus Areas

- i. **Mann Ki Baat of Hon'ble Prime Minister on 31st December, 2017** - Pledge to work with **Sewa Bhaav** (Spirit of Service), infuse our thoughts for new awakening, resolve our grievances and work with **positive mind-set** and make our Great Nation free from casteism, communalism, terrorism, corruption and filth.
- ii. **Positive India** - This would lead to making **New India** as envisioned by Hon'ble Prime Minister, Shri Narendra Modi Ji for positive transformation in our lives and take concrete steps in the journey from **Positive India to Progressive India**.
- iii. **Voters Awareness** - all the **NYVs and members of NYK's members of Youth Clubs should make their Voters ID Card**. Voters Awareness and registration facilitation should be, as one of the mandatory activity. Voters Awareness would be the focus area of NYKS. Massive Voters Awareness Campaign should be carried out to motivate all eligible young boys and girls to make their Voters ID Cards. District Administration should be liaised for this purpose.
- iv. **'NishKaam Karma'**- Awareness & Education Campaign for selfless deeds, meaning a service done without any expectations.
- v. **Pledge** to respect all religions for National Integration and say good bye to violence, feeling of hatred and bitterness towards others.
- vi. **Commitment to Constitution, Patriotism** and contribution towards **Nation Building**.
- vii. **Yoga** - for Self development, Harmony and Peace and also Sports and Adventure for positive engagement of youth.
- viii. **Swachhta Abhiyan and Shramdaan** to involve youth in Swachhta and Shramdaan activities with the aim to create awareness among youth about the need and importance of voluntary labour and its contribution towards social coherence and village development and creating a feeling of dignity of labour on the other hand.

Through **Shramdaan** activities, community assets would be maintained by mobilizing local resources and ensuring community participation. The activities would for example be **maintenance of ponds**, water reservoirs, checked dams for irrigation as well as local bus stands, community assets in villages; cleanliness drives.

A certain number of villages will be chosen by the youth in every district for Youth mobilization for active participation in creating awareness in the districts adjoining **Ganga basin** and intensive drive to establish Youth Club, Youth Action Groups, SHGs in all the villages along the Ganga as well as development of **chain of Swachhta Ambassadors** across India.

- ix. Awareness and assistance for implementation of **Hon'ble Prime Minister Flagship Programmes for Social and Financial inclusion** - Popularising and facilitating youth and people in getting benefits out of Pradhan Mantri Jan Dhan Account, benefit under Pradhan Mantri Suraksha Beema Yojna, Pradhan Mantri Jeevan Jyoti Yojna, Atal Pension Yojna, MUDRA Bank (Micro Units Development and Re-finance Agency), Pradhan Mantri Fasal Bima Yojana, Digital India, Make in India - Skill India, Beti Bachao - Beti Padhao Abhiyan, Start up India, Stand up India, Statute Cleaning.
- x. **Coordination and synergy among all the Govt. youth organization** at National, State and District level and further highlighted the aspects of technology to be incorporated for maximizing the attainment of desired objectives. The organizations would be NSS, NCC, BSG, HSG, Eco Clubs and other development organizations of repute that could facilitate in achieving NYKS objectives.
- xi. On **National Youth Day** (12th January) the entire youth be mobilized for a particular National cause related activity to highlight the importance of youth to give them a sense of self pride and engage them in mega National Building activity which becomes a part of their cherished memory. A small team be constituted for this purpose.
- xii. Handholding and linking of maximum Youth Club Members with **Employable Skill Development** Training programmes. Motivating youth to undergo vocational courses by disseminating information, counseling, etc.

- xiii. Awareness about use of **solar energy and energy conservation** practices to make it a people's movement.
- xiv. **Environment Enrichment, Water Conservation and Harvesting** – Say No to Use of Poly bags and promotes Tree Plantation, promoting construction of sanitary latrines and their use through behavioural change as well as promote Water Conservation and Harvesting. In the month of May and June and beyond Youth be motivated to seriously **engage in water conservation (Pani Bachcho)** and also creation of small Bundhs (Bori Bundh) in association with MGNREGA activities (*in this regard circulars have already been issued*).

Plans will be made for a **'Meaningful and Result Oriented Sapling Plantation** to be carried out in the month of **June to September** and beyond in all parts of the country by the Youth.

- xv. **Preventive Health Care** awareness for inculcating good habits and health practices for preventing non-communicable diseases; distribution of Iron Folic Tablets to adolescent girls; organizing Health Check up, Immunization for children and pregnant mothers camps; facilitating Institutionalized Deliveries; motivating girls and their parents to postpone her marriage till attaining at least 18 yrs of age. Youth will be motivated to engage in the **Indradhanush programme for vaccination** as this would give them the joy of saving a life.
- xvi. Mass awareness to **facilitate enrolment of children** at elementary educational level, efforts for prevention of school drop outs.
- xvii. Promoting **organic farming** practices and use of organic products.
- xviii. **Drug & Alcoholism** avoidance: Say No to consumption of Alcohol and Drugs.
- xix. Training on **Community Development** and **Leadership** to youth and thereby enabling them to take lead in addressing social and development issues, community welfare and peace building.
- xx. **Blood Donation** programme, Enrolment of Blood Donors and their Blood Grouping.

- xxi. **Social Media training and promotion of e-services** and creation of separate portal for harnessing voluntary services.
- xxii. **Awards to youth and youth organizations** for their selfless outstanding achievements
- xxiii. **New Youth Clubs** development
- xxiv. **Sports** - Besides other popular sports, Youth will be motivated and engage to play **football** in a manner that gives joy and reconnects youth with football. Youth who have excelled in the game of Football and have proven interest in coaching youth and can spare time would be selected for undergoing training. Such youth would also be encouraged to take higher level of coaching and enable them to participate at higher levels of tournaments.
- xxv. **Sansaad Aadrash Gram Yojana** - Actively participate and mobilize members of Youth Clubs working in such villages which are adopted by Hon'ble MPs under Saansad Aadarsh Gram Yojana. It is also to publicize the schemes of Central Government and to motivate villagers to get benefit from the programmes under the scheme. ***District NYKs are to provide support to respective Hon'ble MPs to make the adopted villages "Model Villages" in the country.***

For more details and references, please see the circulars and documents sent during financial year 2015-16. Further, at www.Saanjhi.gov.in, (website address for SAGY), the caption "Report" may be clicked to access the State/UT wise list of villages adopted (Number and Names of villages).

In the above context, following actions should be taken by concerned district NYKs.

- ✓ District NYKs will form Youth Clubs in their villages of the Panchayat where they are not in existence. If such a mechanism is available then will revitalize and further strengthen them for an active role in the process.
- ✓ Participation/involvement of the members of Youth Clubs of these villages would be ensured during conduct of Core Programmes, Coordination activities, NPYAD Programmes (National Integration Camps, Adventure Camps and Life Skill Education) and Adolescent Health & Development Project.

- ✓ Some of the Core Programmes, Coordination Activities, NPYAD Programmes and other Special Programmes would be organized in these selected villages ensuring participation of village community.
- ✓ Besides above, the letters communicated from time to time should also be referred for necessary action.

Part – 1

NYKS Core Programs

In order to achieve the set objectives through NYKS structures, networks, coordination, available young volunteers and trained human resource, during the year 2019-20 from the Block Grant of MoYAS, NYKS would undertake a set of following **12 Core Programmes**:

Core Programmes

1. Training on Youth Leadership and Community Development
2. Promotion of Sports:
 - a. Sports Material to Youth Clubs
 - b. Block level Sports Meet
 - c. District level Sports Meet
3. Education in Basic Vocations - **Revised**
4. District level Promotion of Art and Culture
5. Observance of Days of National Importance, National Youth Day and Week
6. District Youth Convention
7. Celebration of 150th Birth Anniversary of Mahatma Gandhi:
 - (i) Swachhata Awareness Evam Shramdaan (Swachhata Action Plan)
 - (ii) Swachhata Pakhwada (Fortnight)
 - (iii) Work Camp – **New Program**
8. Awards to Outstanding Youth Clubs at District, State and National levels
9. Theme Based Awareness and Education Program

New Program

10. Youth Club Development Convention

Special Programs

11. Observance of International Day of Yoga
 12. Declamation Contest on Patriotism and Nation Building
- The number of Core Programs at Sr. No. 2a, 2b, 3, 9 and 10 in a district would depend upon number of Blocks in a district. Accordingly, the 623 districts have been divided into **Five Categories** as mentioned in the table given at **Annexure – 2**.
 - The **Annual Action Plan 2019-20** pertaining to **NYKS 12 Core Programs** follows, however, in brief the details are placed at **Annexure - 1**.
 - ***It must be ensured that a minimum of two programmes out of total number of Core programmes should be organized exclusively for women.***
 - The plan would primarily be village based Youth Clubs and their youth members, youth from all walks of life as well as National Youth Volunteers (NYVs) **centric**.

Part – 2

Other Activities & Initiatives

1. Meeting of District Advisory Committee on Youth Programmes (DACYP)
2. Meeting of State Advisory Committee on Youth Programmes (SACYP)
3. Planning, Review and Follow-up Meetings at State Level

Geographical coverage

- During the current financial year, through the above mentioned Core Programs, Youth Clubs of NYKS in 623 districts of all States and UTs in India would be covered and young members of these Clubs and youth from all walks of life would be **reached directly**.
- Further, each of the existing Youth Clubs and their members and youth from all walks of life would be reached through coordination programs at district level and their **profiles will be updated on NYKS website**.

- Attempt will be made that remaining members of Youth Clubs and youth from all walks of life will be linked with programmes and activities to be undertaken in coordination with other departments, agencies and service providers, including enhancing their employability skills and livelihood options.

NYKS Core Programs - Following Points to be adhered to

A. Exclusive sessions should be organized during conduct of NYKS Core Programmes, schemes, projects and coordination activities.

Strict supervision and monitoring should be ensured to maintain **transparency, austerity and meaningfulness essence** of expenditure and time management, sense of responsibility as well as audit of failure and success should be conducted.

For dissemination information and publicity proper designing of every Banner and IEC material should be done by NYKS.

Following contents of sessions should be an integral part of each activity to be conducted by NYKS.

- **Hosting of National Flag**, Singing of National Anthem and Salute to National Flag, Yoga, Swachhta & Sharamdaan in every activity.
- **Yuva Pledge - Yuva Sankalap (Annexure -3)**
- ***Mann Ki Baat of Hon'ble Prime Minister on 31st December, 2017*** - Pledge to work with **Sewa Bhaav** (Spirit of Service), infuse our thoughts for new awakening, resolve our grievances and work with **positive mind-set** for **Sankalap Se Siddhi** and make our Great Nation free from casteism, communalism, terrorism, corruption and filth.
- **Positive India** - This would lead to making **New India** as envisioned by Hon'ble Prime Minister, Shri Narendra Modi Ji for positive transformation in our lives and take concrete steps in the journey from **Positive India to Progressive India**.

- **Voters Awareness** - Voters Awareness would be the focus area of NYKS. Massive Voters Awareness Campaign should be carried out to motivate all eligible young boys and girls to make their Voters ID Cards. All the **NYVs and members of NYK's members of Youth Clubs should make their Voters ID Card.**
- **'NisKaam Karma'**- Awareness & Education Campaign for selfless deeds, meaning a service done without any expectations.
- **Pledge** to respect all religions for National Integration and say good bye to violence, feeling of hatred and bitterness towards others.
- Talks by resource persons on **National Flagship Programmes** of Central Government and how the people can get benefit out of these schemes.
- **Motivational Lecturers and Discussion** by Experts that promote Patriotism, Nation Building, Leadership, Strengthening Democracy, Social Harmony, Brotherhood and Role of Youth; Team Spirit and Personality Development.
- Brief and orient youth about NYKS – **Face Book, Website, WhatsApp** and **online affiliation** of Youth Clubs and Importance of Swachh Bharat Mission.
- **Demonstration** to download the **Mobile App** (Narendra Modi, Bhuwan, etc.) and upload views, suggestions, photos.
- **Interactive sessions** on loyalty towards Nation and Organization, Compliance and Communication, Report preparation and Media management.
- **Contents of Youth Parliament** – During conduct of Youth Parliaments, following would be the integral part of the contents:
 - Swachhta
 - Yoga
 - Sankap Se Siddhi for New India: Concept and Issues
 - Skill Development and Linking
 - Water Conservation
 - Plastic Free Villages
 - Shramdaan
 - Talk on Village Development and Youth Development
 - Nasha Mukti

- Women Safety
- Flagship Schemes of Central Government
- Issues identified by the youth which need to be addressed, would be taken up for their solution with the authorities at village, block and district level. Nonetheless, if need be, the unmet needs would be taken up at State and National level.
- Parliaments should establish a dialogue between the Government and selected youth from all over the country *to empower the youth as strong, positive, meaningful, constructive and democratic young leaders.*
- These Parliaments should sensitize the youth about the vision of Hon'ble Prime Minister "**New India**".

B. Strategy and Implementation modalities of NYKS Core Programmes - The following institutional mechanisms should strictly be adhered to while implementing these programmes:

- a) Youth Clubs - New Youth Clubs** should be established and they should be given preference for undertaking and participation in activities.
- Formation of new Clubs, Revival and Strengthening of Existing Clubs
 - Online renewal and online new affiliation of Youth Clubs
 - A separate page/site containing simple guidelines for Youth Clubs, NYKs, DYCs and youth on how to access the facility and get affiliated with NYK has been developed.'
- b) Ensuring active partnership of Youth Clubs and NYVs for undertaking programmes.**
- District Youth Coordinators should divide all Youth Clubs and Villages of the Block among NYVs of the Block.
 - District Youth Coordinators and concerned Block NYVs beforehand should prepare a list of Clubs.
 - Together they should identify **05 Youth Clubs** which can be considered for providing major role in execution of a particular programme and its activities.

- These Youth Clubs should be briefed and oriented about the activities of the programme for which they are selected.
- The **selected Youth Clubs will give presentation** on the conduct and management of the programme and the District Youth Coordinators and concerned Block NYV will select One Best Youth Club to take lead role in the process of implementation of the programme under the overall supervision and guidance of NYC/NYV.
- Whereas, the rest of the Youth Clubs will participate in the activity.

c) Targets for District Youth Coordinators and NYVs: Following targets have been given to each of District Youth Coordinators

- Sports Centres of SAI should be used and some tie up be done for promotion and honing supporting talent of youth.
- NYC should guide, motivate and monitor NYVs
- Identification of five issues of national and local concern
- Shramdaan activities on regular basis
- Environment related activities
- Water preservation and Harvesting activities
- Plastic Free Village related activities
- Engage and mobilize youth for nation building activities
- Satisfaction through engagement
- Health Care component should be made compulsory in all activities

Part – 3. Strategic Utilization of Services of National Youth Volunteers (NYVs) and NYK Youth Clubs with the support and guidance of Deputy Director and District Youth Coordinator

- It has been targeted that nearly 12,000 NYVs would be deployed by NYKs in 623 districts. Out of which about 10% would be computer literate and facilitate district NYKs in promoting **e-governance** and **updating Youth Clubs profile and details**.
- It should be planned in a manner that the services of this deployed volunteer force should be optimally utilized. For this purpose, they should be trained in line with the expectations of the current NYKS Annual Action Plan, Schemes of MoYAS, and Coordination Activities in identified **Focus Areas** as mentioned above, reporting, monitoring and other aspects of training already in practice.

- It should be planned that NY Volunteer shall look after a cluster of villages having Youth Clubs for implementation of NYKS Core Programmes, MoYAS Scheme and targeted Coordination Activities and follow up activities in their respective blocks or cluster of villages.
- The youth who would be covered under NYK Core Programmes and activities should be motivated and supported to organize similar awareness and education programmes in their respective villages. For this purpose, they should be facilitated by designated NYVs and resource persons on the identified issues in which they have undergone exposure under NYKS Core Programmes.
- In order to quantify the qualitative outcome, **each NY Volunteer should be assigned targets.** Nonetheless, the focus should be on the **selected area** as mentioned above.

Part – 4 . Coordination

In order to provide more programs for the furtherance of the objectives of NYKS and in achieving the set goal, more stress should be given on coordination and establishing linkages with other development Departments, agencies, NGOs at district, state, national and international levels. Before initiating the process of **coordinating with International Agencies, formal approval from NYKS, Headquarters should be obtained through proper channel.**

- To ensure proper programme planning, coordination, implementation, transparency and monitoring for effective functioning of district NYKs with expected outcomes, two meetings of ***District Advisory Committee on Youth Programmes*** (DACYP) under the Chairpersonship of Deputy Commissioner / Collector of respective districts should be conducted in each of the 623 districts.
- Similarly, two meetings of ***State Advisory Committee on Youth Programmes*** (SACYP) headed by Hon'ble Minister of Youth Affairs and Sports of a State and Heads of development agencies and other non-official members should be conducted in each of the States.
- As aware, the above committees have been constituted with the approval of Hon'ble Minister of State (Independent Charge) Ministry of Youth Affairs and Sports, Govt. of India and Chairman, NYKS, therefore based on the same the DACYP and SACYP should be constituted as per the details given at **Annexure - 4 and Annexure -5, respectively.**

Programs which NYKs may take up through Youth Clubs

Besides facilitating implementation of **NYKS 12 Core Programs**, following are the minimum **Coordination Activities'** targets set for each district NYK and is **based on the number of NYVs allotted in a district.**

The coordination activities should **be taken up with active partnership of NY Volunteers and participation of Youth Clubs** as well as youth from all walks of life in the district. This should be achieved by mobilizing local resources and in coordination with other departments and agencies during 2019-20. For this purpose, the Deputy Director/District Youth Coordinator besides monitoring should provide full support, guidance and facilitate NYV volunteers and trained Youth Club leaders for the successful implementation of proposed activities in coordination with other development Departments and agencies in the district.

For revitalization of Youth Clubs, each district NYK will verify current status of Youth Clubs and will update their Youth Club's Profile, Membership details in the **one page revised prescribed format (Annexure - 6)**. District NYKs will also enrol new members with **due representation of all sections of society including Women, SC, ST, OBC, Minority and Physically Challenged**. This should be a continuous exercise and more so after the completion of **Youth Club Development Convention**. The updated Youth Club Profile should be uploaded online through the facility provided on NYKS website and the revision will automatically be displayed on NYKS website.

Programs in coordination with other departments and agencies as well as service providers which NYKs Deputy Director/ District Youth Coordinator is to take up with the help of deployed NYV Volunteers and existing Youth Clubs in 623 district NYKs.

| Sr. No. | Programme | Distribution of Targets per NYV allotted to NYKs |
|---------|--|--|
| 1. | Linking Youth Club Members with Employable Skill Development Trainings | 140 youth |
| 2. | Promotion & Facilitating Villagers to get benefits under Prime Minister Financial Inclusion Schemes (Pradhan Mantri Jan Dhan Account, benefit under Pradhan Mantri Suraksha Beema Yojna, Pradhan Mantri Jeevan Jyoti Yojna, Atal Pension Yojna, MUDRA Bank (Micro | 300 |

| Sr. No. | Programme | Distribution of Targets per NYV allotted to NYKs |
|---------|---|--|
| | Units Development and Re-finance Agency), Pradhan Mantri Fasal Bima Yojana, Digital India, Make in India - Skill India, Start up India, Stand up India and others | |
| 3. | Creation of new Water Bodies | 03 |
| 4. | Maintenance/ repair/improvement of existing Water Bodies | 06 |
| 5. | Cleaning, Digging,, Maintenance , De-silting and repair of Ponds, natural drinking water resources, small irrigation channels, water tanks, etc. | 06 |
| 6. | Maintenance & repair of Cremation Grounds and Play Grounds | 02 |
| 7. | Recharging / De-silting of Wells | 05 |
| 8. | Water Harvesting in Villages | 05 |
| 9. | Construction of Bori Badas in a Village | 02 |
| 10. | Agriculture Land Soil Cards | 300 |
| 11. | Cleanliness of School/College | 05 |
| 12. | Cleanliness PHC/Sub Center/Hospitals | 05 |
| 13. | Cleanliness Drive to clean streets and common places | |
| 14. | Cleaning of office complex, toilets and garbage places of district & State offices | 05 |
| 15. | Cleanliness Public Statues | 20 |
| 16. | Motivation resulting into Construction of Toilets for Open Defecation Free (ODF) | 20 toilets |
| 17. | Sapling Plantation and their survival | 300 plants |
| 18. | Collection of Polythene Bags to generate awareness and facilitate in protecting environment | 03 villages |
| 19. | Eradication of weeds in villages | 04 villages |
| 20. | Blood Donation | 30 units |
| 21. | Enrollment of Voluntary Blood Donors and their Blood Grouping | 50 youth |
| 22. | Providing access of Iron Folic Acid Tablet to Adolescent Girls | 100 Adolescent Girls |

| Sr. No. | Programme | Distribution of Targets per NYV allotted to NYKs |
|---------|---|--|
| 23. | Motivated Girls and their Parents to postpone her marriage till attaining 18 yrs. | 40 girls |
| 24. | Motivate and Facilitated Institutionalized Deliveries | 40 women |
| 25. | Immunization of Pregnant Mothers | 40 pregnant mothers |
| 26. | Motivate and Immunization of Children (0-5 yrs) | 100 children |
| 27. | Cataract (Eye) operations | 10 patients |
| 28. | Health Check-up Camps (DOTs, Hypertension, Diabetics and others) | 03 camps |
| 29. | Enrollment of children in schools | 80 Children |
| 30. | Beti Bachao - Beti Padhao | In 10 Villages |
| 31. | Facilitating into getting Voters ID Cards | 100 persons |
| 32. | Training in Cashless Transaction to Youth Leaders | 10 per village |
| 33. | Other Programmes as per local need and priority can be added in the Plan with targets | |

Other Probable Areas where Youth Clubs could be involved

The well aware, informed and motivated rural youth from NYKs Youth Clubs can be encouraged to involve themselves in the following broad areas and field:

- Survey and data collection on village situation and it should be specific on a given subject area wherein the government want to have intervention or wish to access the impact of the implemented program.
- Watch Dogs for providing access to services, their proper distribution (PDS) & proper utilization by the concerned.
- Social Pressure Groups on service providers and for time bound & prompt services.
- Facilitate Gram Panchayat in developing joint plan of action and ensure their role in the process of decision making, implementation and monitoring.
- Building enabling environment & advocacy for girls / women empowerment and development activities.

- Peace keeping, promoting volunteerism, brotherhood & communal harmony volunteers.
- Volunteers for helping villagers at the time of crises and calamities.
- Social Action initiatives in villages which can voluntarily be taken by joint village community participation and action.
- Community Work Camps focus on water and environment conservation
- Addressing Drug Abuse and Alcoholism, HIV/AIDS

General instructions for Core Programmes 2019-20

All District and State offices of Nehru Yuva Kendra Sangathan should ensure that :

1. District and State NYKS should establish effective convergence/synergy in different programmes, functioning and other operational areas with NSS, NCC, BSG, Eco Clubs and Red Cross Society. In this regard, Action Plan highlighting extent of convergence/synergy between NYKS and mentioned youth organizations be indicated. The extent of their involvement in NYKS Core Programmes and Coordination Activities should also be indicated in the Monthly Progress Reports under the column - Agency Collaborated.
2. Linkages between developmental Ministries, Departments, Agencies may be established for sanction of projects for the development and empowerment of youth, with focus on **Hon'ble Prime Minister Flagship Programmes for Social and Financial inclusion, Sankalap Se Siddhi for New India Concepts and Issues, Swachh Bharat Abhiyan, Water Conservation, Social Assets adoption for maintenance and cleaning, Disaster Management, Employable Skill Development training and self-employment ventures** with market potential.
3. The Youth Clubs, who have been given award under the Scheme of **AOYC during last 02 years, will not be eligible to apply.**
4. Only those Youth Clubs will be eligible to apply under AOYC scheme who are Registered and affiliated with district NYKs. **Audit Report** of the applicant Youth Clubs would be **mandatory.**
5. **Time line should strictly be adhered to for selecting and awarding Outstanding Youth Clubs at District and State levels.** State Director should ensure that the selection of the Awardees is done by the **designated Selection Committees only.**
6. District Nehru Yuva Kendras **should not send** the copies of the Annual Action Plan to NYKS, headquarters. It's the State Director who will submit compiled State wise Annual Action Plan to NYKS headquarters.

7. The **State Directors will regularly review the achievements against the set physical and financial targets** of the Annual Action Plan and follow up.
8. Utmost care must be taken by all the State Directors that:
 - 90% of the total allotted budget and corresponding programmes are completed by **31st of December, 2019**. However, this will depend on the quantum of budget released to each State/kendra and accordingly quarterly physical and financial targets should be set and achieved by the concerned District / State Director.
 - Only under exceptional circumstances more than 10% budget may be utilized during the last quarter subject to delay towards release of allotted budget by PAO State or NYKS Hqrs.
9. **Celebration of 150th Birth Anniversary of Mahatma Gandhi** should be undertaken strictly as per Guidelines. Swachhata Evam Shramdaan Karyakaram should be carried out ensuring participation of maximum number of youth throughout the year. Swachhata Pakhwada and Work camp should be organized as per Guidelines and Timeline.
10. **Swachh Bharat Summer Internship Programme (SBSI) 2.0 and Jal Shakti Abhiyan** has been launched in collaboration with Department of Drinking Water & Sanitation, Ministry of Jal Shakti. Maximum number of youth/ team of youth (maximum 10 members in a team) should be motivated to enroll themselves as Swachhata Interns to undertake 50 hrs. swachhata activities in their own villages/locations. Like previous year, selection of Awards should be made strictly as per Guidelines and timeline.
11. Further, it may be noted that against the total released programme budget **until and unless otherwise specified:**
 - ✓ Under each programme, **30%** of the total participants/beneficiaries must be **women** from different sections of society so as to reflect that *30% of programme budget is spent on young women*.
 - ✓ Similarly, **20%** of the total participants/beneficiaries (male and Female) must be **SC/ST** in order to reflect that *20 % of programme budget is spent on SC/ST youth*.

- ✓ Due care should be taken that Minority, OBC and General youth out of the remaining 50% of the participants/beneficiaries of programme budget is spent on them.
 - ✓ Due representation should be given to **Physically Challenged persons** from all the above mentioned categories.
 - ✓ Against District Level Programmes, opportunities should be open for participation of youths from all Blocks belonging to various categories.
12. Core Programmes and their funds **should not be diverted** for any other activity or programme, as they are committed programme components.
13. *It must be ensured that a MINIMUM OF TWO PROGRAMMES out of the total number of Core programmes be organized **EXCLUSIVELY FOR WOMEN**.*
14. **Deputy Directors and District Youth Coordinators may choose blocks or cluster of villages in such a way that equal distribution of the Core Programmes among Youth Clubs is ensured in the district. These may or may not be the ones chosen in the previous year.**
15. Sports material should be distributed in such a manner that all the NYK Youth Clubs may get sports material after an interval of 4-5 years or so.
16. On thematic side, all programmes and activities of the year **should be in a mission rather than a routine exercise.**
17. Programmes should be organized in such a manner that maximum number of Youth Clubs gets an opportunity to take part in programmes.
18. The **same youth from the Youth Clubs should not be allowed to participate** in the programmes repeatedly until and unless a programme specifically calls for participation of President/Secretary or other office bearers of the Youth Club.
19. The achievements should be reflected in the **Monthly Progress Report** and specially designed **Cumulative Progress Report** (total number of activities organized/achievements made TILL DATE i.e. sum total of previous months and current month's activities) on the basis of the PHYSICAL TARGETS SET. The same should be submitted in the following manner:
- ✓ **District NYK to State Office** - **27th of every month**
 - ✓ **State Office to NYKS Hqrs.** - **29th of every month**

20. The District Youth Coordinators/Deputy Directors and State Directors will send the Progress Reports for Core Programmes and Coordination Activities every month in the following proforma:

Core Programmes Progress Report

| Level | Core Programmes Progress Report | Annexure |
|--------------|---------------------------------|------------------------|
| District NYK | Monthly Progress Report | Annexure – 7 |
| District NYK | Cumulative Progress Report | Annexure – 7 -A |
| State Office | Monthly Progress Report | Annexure – 8 |
| State Office | Cumulative Progress Report | Annexure – 8-A |

Coordination Activities Progress Report

| Level | Coordination Activities Progress Report | Annexure |
|----------------|---|--------------------------|
| NYV Volunteers | Monthly Progress Report | Annexure – 9 |
| District NYK | Monthly Progress Report | Annexure – 9 - A |
| District NYK | Cumulative Progress Report | Annexure – 9 - B |
| State Office | Monthly Progress Report | Annexure – 9 - C |
| State Office | Cumulative Progress Report | Annexure -- 9 - D |

✓ State Director, should cross check the District NYKs Physical targets mentioned in their Action Plans with the targets set for the State as per Annual Action Plan.

21. The State Offices should send the compiled MPRs (monthly as well as cumulative/progressive reports) in the prescribed proforma to NYKS, Hqrs. in the name of Sh. M.P. Sharma, Deputy Director (Programme), both **by post and e-mail regularprogramme@gmail.com or mpsharmanyks@yahoo.co.in** .

22. State Directors will also **furnish the list of such District NYKs to NYKS Hqr. who have not furnished the MPR** along with State Level MPR and **action should be initiated against defaulter Kendras under intimation to Director General.** *District NYKs should not send reports directly to the Hqr.*

23. It must be ensured that Hon'ble Governors, Chief Ministers, Ministers, MPs, Members of Parliament who are the Members of Parliamentary Standing Committee on HRD, MLAs, MLCs, Mayors, Counselors, Chairperson Zilla Parshad, Gram Panchayat Pradhans as well as Heads of Development Departments and Agencies are invited to attend the programmes.
24. Regular **monitoring and evaluation** (quantitative and qualitative) of the programmes should be undertaken with follow up action.
25. The **funds mobilized and received** from other agencies should **clearly be indicated in the MPRs under Coordination Activities.**
26. All Youth Clubs should be encouraged to form their Annual Action Plan showing details of the programmes which can be organized with their own resources. Youth Clubs should undertake programmes in the areas, for the benefit of young people and village communities on regular basis. This task should be completed with the help of NYV volunteers.
27. To achieve the targets, following activities should be taken on priority:
- a. Youth Clubs be encouraged and followed up for ensuring **fair representation of disadvantaged and deprived youth in the society.**
 - b. **Special drive for Membership** of all socially deprived sections of society (SC, ST, OBC, Minority, Women, Physically Challenged, etc) should be carried out.
 - c. Formation of new Youth Clubs be taken up on regular basis. For new affiliation with district NYK, the applicant Youth Clubs should be encouraged to opt **Online Affiliation** process mentioned on NYKS website.
 - d. **It is pertinent to note that** all offline affiliated Youth Clubs details and profile be updated as per the proforma given at **Annexure – 6** and a copy of the same be retained in district NYK office record. The revised Youth Clubs profile and details so collected should be **updated online through the facility provided on NYKS website.**
 - e. Further, the profile of Youth Clubs and their members should be **updated online from time to time.**

- f. Members of Youth Clubs should be groomed as facilitators and peer educators in the village and surrounding areas for spreading community relevant messages through local programs and while observing days and weeks of national and international importance.
 - g. State Directors and District Youth Coordinators should approach **Heads of Panchayati Raj Departments** or Institutes and Gram Panchayat Pradhans to allow Youth Clubs to hold meetings and programs in Panchayat Bhawan and community buildings as well as seek active involvement of NYKs affiliated Youth Clubs in Panchayat development programmes and activities.
 - h. **Heads of Education Department and Principals** of local Schools should also be requested to allow Youth Clubs to hold meetings and programmes in School building after School hours, holidays and vacations.
 - i. **Heads of Health and ICDS departments**, ASHA, Anganawadi and ANM workers should be approached to coordinate with NYK village Youth Clubs to undertake health, family welfare, vaccination, child care, nutrition and promotion of balanced diet and providing access of iron Folic Acid Tablet to Adolescent Girls related activities.
28. After completion of each Core Programme, the Kendra will ensure to maintain the records of the programme in the file opened for the same. For example, the file of 'District Youth Convention' will contain the records of District Youth Convention conducted in the district during that year. The maintenance of record will include following:
- i. Minutes of the meeting of the Youth Club (where the programme is to be organized) in which the District Youth Coordinator briefed about the programme and formed sub committees for the organization of the programme.
 - ii. Copy of circular/ letter sent to the Youth Clubs intimating and inviting the members for participating in the programme.
 - iii. Schedule of the programme showing sessions/venue and logistic arrangements.
 - iv. Copy of sample printed programme circular.
 - v. Participant's list, with address, phone number, email, mobile number, blood group, etc, signed by each participant.
 - vi. Attendance of the participants, signed by each participant.

- vii. Detailed narrative report of the programme and the actual date on which it was held. Reasons for variations, if any, should also be recorded.
 - viii. Evaluation reports of the programmes.
 - ix. Press coverage, clippings and photographs of the programmes.
 - x. Copies of letter/ circulars/correspondences between the Kendra and higher authorities of NYKS, district administration, other government/ non- government departments, agencies, youth clubs etc.
 - xi. Copies of letters/ correspondences between dignitaries (Hon'ble Ministers, MPs, Members of Parliament who are the Members of Parliamentary Standing Committee on HRD, MLAs, MLCs, Heads of Development Departments and Agencies) invited.
29. The State Director should verify/ inspect these files every time during the visit and should record observations. Over achievements/ short comings should be pointed out, shared and informed to the next higher authority.

Core Programmes

1. Youth Club Development Convention at Block level

This programme aims at forming New Clubs and strengthen existing network of Youth Clubs with representation from all sections of society. The platform will also be used for introducing and highlighting issues of youth concern which needs to be taken up jointly with the spirit of volunteerism.

Objectives

- To activate dormant Youth Clubs, form New Clubs and strengthen existing network of Youth Clubs with representation from all sections of society.
- To provide opportunity and platform to rural youth leaders to express themselves, share experiences and suggest best practiced programmes for strengthening Youth Club Movement and empowerment of youth.
- To orient youth on NYKS Annual Action Plan as well as publicize the National Flagship Programmes and Schemes of Central Government.

| | |
|-----------------------------------|--|
| Duration of the Convention | : 01 day |
| Level | : Block |
| No. of Participants | : Minimum 80-100 (male and female). 2-3 Youth Leaders from each of Youth Clubs from all parts of the block |
| Time Line | : 2 nd Quarter |
| Budget per Programme | : Rs. 15,000/- (Funds should be utilized for making Tea & Snacks, Lunch, IEC material and other miscellaneous expenses). |

No. of Programmes : Based on the criteria given in the following Table

| Category | No. of Programmes per District @ Rs.15,000/- per programme | Amount (in Rs.) |
|----------------------------------|---|----------------------------|
| Districts with 1-3 Blocks | 1 | 15,000 |
| Districts with 4-5 Blocks | 2 | 30,000 |
| Districts with 6-10 Blocks | 4 | 60,000 |
| Districts with 11-15 Blocks | 6 | 90,000 |
| Districts with 16 & above Blocks | 7 | 1,05,000 |

Action by District Youth Coordinators:

In order to implement the programme in an effective manner, District Youth Coordinators will initiate the following actions:

- a) All the Youth Clubs/ villages of the block should be distributed among NYVs of the respective block.
- b) Targets for formation of new Youth Clubs and activation of defunct Youth Clubs should be given to NYVs of the blocks. The Youth Leaders of the Convention will facilitate them in achieving the set targets in this regard.

Implementation Strategy

- 2-3 Youth Leaders will be invited from each of NYK Youth Clubs from the block.
- These Youth Leaders will be **motivated** to form new Clubs and activate passive Youth Clubs. In this regard, the services of respective NYVs of the block, may be utilized.

- They should meet and interact with the Youth Leaders, Gram Panchayat Pradhans and Members and other opinion leaders in the villages.
- They will also disseminate information about NYKS and its programmes and activities, opportunities for their development which District NYK will take up in coordination with other Departments and Agencies.

Part-1 Formation of New Youth Clubs, Activation of Dormant Clubs, Profile updating and uploading on NYKS website

- New Youth Clubs should be formed in those villages, where they either do not exist or were formed long back but are currently not in existence. Similarly, the Youth Clubs which are in existence but are dormant should be activated.
- Besides above, these Youth Leaders will help NYVs to verify current status of Youth Clubs and will update their Youth Club's Profile, Membership details in the prescribed **format (Annexure – 6)**.
- Thereafter, each District NYK will upload each Youth Club updated Profile on the online facility provided on NYKS website www.nyks.nic.in , immediately after completion of each programme. It will automatically be displayed on NYKS Website with date of updation.
- The youth groups who come forward to form Youth Club should be encouraged to fill online application form which has already been placed on NYKS website. Applicant Youth Club will get NYK affiliation number online. NYK will issue Affiliation No. to newly formed Youth Clubs on the last day of the programme.
- More new members should be enrolled with due representation of all sections of society including SC, ST, OBC, Minority and Physically Challenged. Attempt shall be made to enroll more women as members of Youth Clubs.

Part-2 Sharing and discussion on NYKS Annual Action Plan 2019-20 and Publicizing the National Flagship Schemes of Central Government for Financial and Social Inclusion and other Development Programs given under the Focus Areas of the Guidelines

- Youth should be made aware and mobilized about these schemes through a network of village based Youth Clubs.
- They should be motivated to popularize and adapt these schemes and motivate others to get the benefit out of these schemes.

2. Training in Youth Leadership and Community Development (TYLCD)

It is widely observed that when the personality, character and moral building opportunities are provided to youth on one hand and equipped with basic qualities of leadership on the other hand, assume responsibility and take lead in addressing village situations and also act as catalytic agents for the development of their village communities. The programme will also provide rural youth an opportunity to come together, share their experiences, exchange ideas and take up community welfare and Nation Building activities. **It is one of the Flagship program of NYKS, therefore, should be organized with due diligence and seriousness.** With this premise, NYKS intends to undertake this programme.

Objectives

- To enhance capacities of young people to take leadership to help others to live a meaningful life and contribute towards Nation Building.
- Inculcate strong character, self discipline, integrity, positive attitude, commitment to Nation and strong desire to spread messages for Nation Building.
- To establish a Cadre of dedicated, motivated and trained youth leaders who are willing to engage for Nation Building activities.

Broad Areas

Following are the broad areas which shall be covered under this programme and with **focus on the areas identified** in this document. However, they can further be improved in consultation with local resource persons and experts in the areas of youth leadership and community development.

Youth will be motivated to engage in the **Focus Areas** as this would give them the joy to work for others. Trained youth will assume local leadership in community development and social welfare activities.

Eminent resource persons will be invited to interact with youth on the **issues** of patriotism, moral values, character building, respect for dignity of females, national security and integrity as well as following topics for their overall development.

Suggestive Contents

District NYKs should prepare schedule of activities for every day. This should also have timing for breakfast, lunch, dinner, campfire, cultural activities.

- Concept of Nation First – Character Must
- Creating critical awareness and understanding of social dynamics of the rural communities and youth.
- Imparting necessary skills and techniques for their personality development and mobilization of the community for the development activities.
- Enabling them to organize youth groups, establish and manage Youth Clubs.
- Imparting Knowledge of the Indian culture and tradition, Indian villages, Panchayati Raj, Moral Values, Civic Education, progress that India has made in general, and the scope of progress in one's own community.
- Imparting further Leadership training to the youth leaders/ office bearers of the newly formed Youth Clubs.
- Inform and discuss the rural youth development and community welfare programmes and schemes of district and ministries and other developmental agencies which they can take up and or participate.

- Leadership – the concept, qualities, styles, skills, roles and responsibilities
- Communication skills - how to interact with people and make speech
- Enhancing Computer Literacy
- Use of IT and Social Media Skills : Use of WhatsApp, Face Book, Twitter, Youtube and how to download useful Applications
- Creating critical awareness and understanding of Cyber Laws
- Creating critical awareness and understanding on Sankalpa Se Siddhi for New India
- Prime Minister Flagship Programmes for Financial and Social inclusion
- Yoga as a way of Life
- Personality development and Life Skills
- Programme Management : Process , barrier, how to make speech
- Good citizenship: civic manners and respect for ethics & values
- Responsible citizens: Promoting communal harmony, national unity and being Indian.
- Coordination and linkages with other departments and Agencies – What, Why and How?
- Half an hour capsule to educate the youth on the Constitution of India be also created in the curriculum. (This may include Directive Principles of State policy, Fundamental Rights and Duties and preamble to the constitution.
- Group discussion on any social theme be also incorporated in the schedule.
- Life skill and soft skills training programme must be included keeping in view the availability of infrastructure and Resource Persons.
- Community service with a view to make the youth realize their social responsibilities should be part of the training schedule.

- Community Development: concepts and process; strategy to coordinate with developmental agencies and departments for uplifting rural youth and village communities.

Duration: 03 days Residential program (*2 Nights Halt Mandatory*)

No. of participants per Programme: 40 (Youth leaders from the NYK Youth Clubs and youth from different walks of life preferably having android mobile phone). The covered Youth Clubs would not be repeated in another TYLCD.

- Every member participating in the camp must have some basic knowledge of Indian constitution.

No. of programmes in a district : 02 per district

Time Line : June, 2019 to September, 2019

Implementation Strategy

- The sole responsibility for organizing TYLCD would be of concerned District Youth Coordinator. However, the District Youth Coordinator would take help of local Youth Club (s) and designated NYVs.
- The District Youth Coordinators would identify the **training providing agencies** and or **group of experts and resource persons** who can impart training and develop/adapt/provide IEC material and or guide and help in procuring the same on the topics and subjects mentioned in the contents of the TYLCD and further improve in consultation with local experts. Also it can be mix of both these options for a meaningful and effective capacity building exercise.
- District Youth Coordinators would select the venue for organizing this programme where successful training activities could be undertaken. For example, venues where facilities like boarding and lodging for male and female participants, training infrastructure, teaching aid and equipments, electricity with power back up, water, sanitation and other facilities are available.

- It is also very necessary to ensure that there should be proper internet / wifi facility. Adequate no. of computers of latest configuration which are necessary to provide computer literacy should be provided.
- Since 40 young persons will be participating, it is necessary to ensure that uninterrupted electricity is provided. In case of non-availability of electricity or power breakup, the generator backup in the camp must be provided.
- Well in advance, the identified training agency and or the group of resource persons, training providers would be briefed about the objectives, expectations of this TYLCD and its outcome.
- It would be ensured that the trainers would have expertise in the subject and topic allotted to him/her and can link it up with their roles as leaders in development and empowerment of Youth and Village Communities.
- Some awards should also be instituted for outstanding performances apart from distribution certificates to the participants.

Methodology

The approach of the Training on Youth Leadership and Community Development would be participatory. The following suggestive methodologies would be adopted while undertaking the Training Programmes:

- Ice Breaking exercise
- Lectures on the subjects by the experts
- Group discussion
- Group Report writing and Presentation
- Role Play
- Open House Discussion
- Question Answer Session
- Best Practices : Telling Stories
- Home Assignments

- **Team games** and group activities be also be an integral part of the training programme. This may include Kabaddi, Kho Kho, volley ball and football.
- **A film** on social issues which will enhance and empower the Youth leadership qualities be also included in the programme to create knowledge about social and cultural diversities.
- **Some PowerPoint presentations** on India’s cultural diversity, flora and fauna etc. can also be included in the programme.
- It is also suggested that the group must also **learn songs** in different Indian languages having social, patriotic message. It is also a step to towards national integration.
- **Street Play** (Nukad Natak) on social theme be a part of the training programme. The script for the same shall be prepared by the participants. Total time duration be 30 minutes.

Project Work: the participants should also be encouraged to do project work on addressing one of the social and development issues confronting the society and youth. Subjects can be employment pattern of the Youth, Self-employment, Education and Skill, Electricity, School education, Sanitation and Hygiene, Entertainment, Health and Physical Fitness.

Press Coverage: The District Youth Coordinators will ensure wide publicity through press and electronic media.

Budget per Programme

| Particular | Amount (in Rs.) |
|--|------------------------|
| Boarding & Lodging Rs. 300/- per head per day (300 x 40 x 3) | 36,000 |
| Travelling Allowance subject to actual with a ceiling of Rs. 150/- per head(150x40) | 6,000 |
| Resource Material (200x40) | 8,000 |
| Organization | 5, 000 |
| Honorarium to Resource Persons (Rs. 1000 per person for 9 Sessions – 3 per day or as per the need) | 9,000 |
| Total | 64,000 |

Major Tasks expected from trained Youth Leaders

- The trained Leaders of Youth Clubs will mobilize other members so that their Youth Club would act as a focal point of planning and implementation of Youth Development programmes with focus on employable skill development training programmes and community welfare and development activities in the focus areas identified in the Annual Action Plan 2019-20.
- Trained youth leaders will be motivated to undertake coordinated activities shown in the Plan by mobilising local resources for Nation Building

3. Promotion of Sports

It has following three components:

a) Sports Material to Youth Clubs

Objective

- Encourage and promote sports culture and spirit of sportsmanship among rural youth to adopt it as a way of life.
- Popularize and Promote Football

Implementation Strategy

District Youth Coordinator may consider only those Youth Clubs for this activity, which fulfil the following minimum criteria:

- Youth Club should have basic minimum sports infrastructure or can manage the same in liaison with school or other organizations.
- The Youth Clubs which have regular sports activities and also organize sports competitions on their own.
- Recently Youth Club should have organized/participated in at least one sports event of NYK.
- Youth Club is in submitting sports activities report and other activities reports to NYK.

The **Sports material** should be distributed in such a manner that all the Youth Clubs may get sports material after an interval of 4-5 years or so.

The application may be invited from interested Youth Clubs in the format given at **Annexure – 10**, should be compiled in the format at **Annexure – 11** and list of selected Youth Clubs for Sports Material may be prepared in **Annexure - 12**.

No. of Youth Clubs to be provided Sports Material support: Based on the number of Blocks in the district as per criteria given in the following Table.

| Category | No. of Youth Clubs to be provided Sports Material support | Amount (in Rs.) @ Rs. 4,000/- per Youth Club |
|----------------------------------|--|--|
| Districts with 1-3 Blocks | 20 | 80,000 |
| Districts with 4-5 Blocks | 20 | 80,000 |
| Districts with 6-10 Blocks | 25 | 1,00,000 |
| Districts with 11-15 Blocks | 30 | 1,20,000 |
| Districts with 16 & above Blocks | 35 | 1,40,000 |

- **In the Sports Kit, Footballs should also be given**
- **Sports material per Youth Club - Rs. 4,000 per Youth Club**

Time Line:

The purchase would be made while following GFR and Codal formalities and distributed to selected Youth Clubs (as per allocation indicated above), during any Important Day Celebration, District Youth Convention or Important Public Function **in the presence of VIPs, including people’s representatives** (*Hon’ble Ministers/MPs/MLAs and others mentioned in the guidelines*). The sports material would be distributed amongst the selected Youth Clubs well before the organization of sports tournaments.

Purchase Committee

- There would be only one purchase committee in the District headed by concerned District Youth Coordinator, 01 sports person of the district and NY volunteers (to be decided by District Youth Coordinator) as member and ACCT of NYK as Member Secretary.
- The purchase committee while observing **General Financial Rules (GFR)** and all Codal formalities shall invite quotations on SAI approved rates, shortlist firms who can deliver the goods at district office and negotiate rates with specifications of sports materials.
- To ensure supply of selected sports material and quality, one set of sample sports material, which has been finalized with the firm, would be retained in the District NYK.
- On the basis of the shortlisted Sports Material Firm, the District Youth Coordinator shall send Purchase order, as per allotment of budget and requirements.

b & c. Block and District level Sports Meet

Under the Promotion of Sports, there is a provision for the organization of sports tournaments both at Block and District levels. The provision for purchase of sports material has also separately been made and mentioned above.

The theme of the programme would be **Youth Signify Sportsman Spirit**. NYKS endeavour in this regard to promote sports activities among rural youth, facilitate the process to produce sports personalities and to identify rural talent in different areas of rural sports, who can further be nurtured for excellence by other designated departments.

Objectives

- To provide opportunity to rural youth to take part in sports meets to exhibit their talent
- To promote sports culture and sportsmanship among rural youth
- To popularize such rural sports which require minimum infrastructure, equipments and finances

- To propagate the message of healthy body & healthy mind among the youth
- To provide platform which can be utilized by other sports department to select talented youth for their further nurturing into excellence

Level of Tournaments:

- Block level Sports Meet
- District level Sports Meet

No. of Programmes

Based on the number of Blocks in a district as per criteria given in the following table:

| Category | Block level | | District level | |
|----------------------------------|----------------------------|---|----------------------------|--|
| | No. of Sports Meets | Amount (in Rs.) @ Rs. 18,000/- per block level Meet | No. of Sports Meets | Amount (in Rs.) @Rs. 30,000/- per district level Meet |
| Districts with 1-3 Blocks | 1 | 18,000 | 1 | 30,000 |
| Districts with 4-5 Blocks | 4 | 72,000 | 1 | 30,000 |
| Districts with 6-10 Blocks | 5 | 90,000 | 1 | 30,000 |
| Districts with 11-15 Blocks | 8 | 1,44,000 | 1 | 30,000 |
| Districts with 16 & above Blocks | 9 | 1,62,000 | 1 | 30,000 |

Time Line (may be revised keeping in view climatic condition & other difficult situations):

July to September (Block level Sports Meets)

October to December (District level Sports Meet)

Identification of Sports Disciplines at various levels:

In addition to Group events, individual games should be conducted at the block and district level sports events. The sports and games would be selected among the following or other local popular sport/game.

| Group Events | | | |
|--------------------------------|-----------------------------|--|----------|
| Football | Kabaddi | Tug of War | Hockey |
| Handball | Basketball | Volleyball | Khokho |
| Individual Events | | | |
| Athletics | Wrestling (Indian style) | Archery (Indian style) | Swimming |
| Gymnastics | Badminton | Table Tennis | Cycling |
| Weight Lifting | Wushu | Taekwondo | Boxing |
| Judo | | | |
| Local Traditional Games | | | |
| Camel Race | Bullock Cart Race | Martial Art e.g. Gatka, Malkhamb, Atya Patya Kalaripayattu, Silambam, Thang-ta, etc. | |

- The Sports & Games activities to be undertaken by District NYKs for a particular Block will be decided on the basis of popularity of selected sports & games played by Youth Clubs regularly.
- Minimum 05-06 sports disciplines at Block and District level should be selected with preference to both individual sports and team games ideally in the ration of 60:40 respectively.
- The sports disciplines at Block and District level should be the same.

NOTE:

- Efforts be made to also organize the **Football Tournaments** along with other sports popular in the area.

- Under each Block level Sports Meet, out of Football, Volleyball, Basket Ball, Hand Ball, Hockey, Kabaddi and Kho Khokho not more than 3 events would be undertaken.
- Under individual category, Athletics, Wrestling, Archery, etc. not more than 2 events may be selected depending upon the local situations and available infrastructural facilities.
- Further, to generate public interest one or two events like Wrestling, Tug of War, Martial Art, Malkhamb, Atya Patya, Camel Race, Bullock Cart Race, etc. may be organized as per local traditions.

Duration:

- Tournaments would be a **minimum of two days**.
- However, the budget will remain the same irrespective of the fact if the number of days exceed three days

No. of participants and Youth Clubs:

- ✓ Minimum of 150 sports persons at each level.
- ✓ Women participants should be encouraged to participate in both types of mentioned events

Implementation Strategy

The winners of the Block level tournaments will compete in the same items at the district level tournaments

- The requisite facilities, sports equipments, sports material will be distributed among all participating teams.
- Prizes would be given only in kind along with certificates

- Sports Meets would be organized on the knockout basis both at Block and District level tournaments
- Participants will bear their own travel costs
- For organization of different sports & games to be held in a particular block, the related Referees, Coaches, Judges would be identified well in time.
- Suitable First Aid facilities and necessary security arrangements with the help of local Police and Youth Club volunteers would be ensured.
- The concerned NYV volunteers will disseminate the information amongst the all Youth Clubs of their areas to participate in the proposed Block and District Level Sports Meets well in advance and would be actively associated in the implementation of the programme.

Budget utilization pattern

| Head | Block level | District Level |
|---|------------------------|------------------------|
| | Amount (in Rs.) | Amount (in Rs.) |
| Sports equipments, track & field management and Prizes for the winners (as per actual requirement) | 10,000.00 | 15,000.00 |
| Organizational and contingent expenses including Tea & Snacks and Refreshment for Participants and Meet officials, Photography, PA System, Certificates, etc. | 8,000.00 | 15,000.00 |
| Total | 18,000.00 | 30,000.00 |

4. Education in Basic Vocations

Background

Education in Basic Vocations aims to educate rural young women & men in basic vocations and enhancing their self esteem in the society as well as guide them to take up Skill Development Training from other Agencies.

The sequence of activities envisaged under the programme are to mobilize youth into groups, improve their skills, arrange for support services, provides awareness and education on the key focus areas identified as mentioned earlier in NYKS Annual Action Plan guidelines.

There should be increasing emphasis on making the young women and men aware of and handholding for higher level of Skill Development Training from other Agencies so that they gradually become meaningfully employed or self-employed by establish income generating units for their livelihood.

Objective

- To enhance basic vocational skills of rural youth and enable them to enhance their self – esteem in the society.
- Motivate youth to take up employment or income generation programmes of their own.
- To make them aware of new skills for which there is increasing demand in the market?
- Make aware and handholding for Skill Development training and access to credit facilities under prevailing schemes.

No. of Training Programmes: Based on the number of Blocks in the district as per criteria given in the following Table:

| Category | No. of Programmes per District @ Rs. 21,000/- per centre | Amount (in Rs.) | No. of Participants to be covered @ minimum 25 per Prog. |
|----------------------------------|--|-----------------|--|
| Districts with 1-3 Blocks | 6 | 1,26,000 | 150 |
| Districts with 4-5 Blocks | 6 | 1,26,000 | 150 |
| Districts with 6-10 Blocks | 6 | 1,26,000 | 150 |
| Districts with 11-15 Blocks | 8 | 1,68,000 | 200 |
| Districts with 16 & above Blocks | 9 | 1,89,000 | 225 |

No. of participants per programme

- In one training batch, the **minimum number of participants should be 25 (80% women and 20% men)**.
- Motivated, needy, unemployed rural/semi-urban youth of the district should be selected.
- Preference would be given to Youth Club members, Ex-NSVs/NYVs and those who took part in NYK programmes and activities.
- Due representation should be given to women from SC/ST, OBC, Minority, Widow, Economically Backward and Destitute/Homeless, etc.
- The selected participants should at least be in a position to understand, read and write.

Duration:

- The duration of the trades would be fixed in consultation with technical experts, institutions or instructors selected for their involvement. **However, the maximum duration of the courses would be 03 months.**
- Duration of training shall depend upon the type of selected trade and vocation.
- Therefore, the Youth Coordinator should fix durations for selected trades & vocations in consultation with concerned technical experts or institutions.
- The vocational training courses would be run in such a way that these courses are within the **EBV** Budget Ceiling. But, it may be ensured that number of allotted participants remains the same.

Strategy to run EBV

- The Youth Coordinator shall identify trades and vocations as per the local needs of the rural women on one hand and availability of raw material, market for further Skills Development Training on the other.
- NYK would make efforts to organize Education in Basic Vocations with the support of KVKs, Agricultural Universities, and trainers of developmental agencies, NGOs and institutes within the district. Trainers would also be approached for imparting standard training at NYK centers.

- If required, Youth Coordinators are free to send youth to reputed Training Institutes situated away from the districts, if the training facility in a particular trade and vocation is not available in the district. However, no TA/DA and Boarding Lodging shall have to be borne by NYKs and should be within the earmarked budget and guidelines for the program. If required, local resources may be mobilized to this effect. Nonetheless, the beneficiaries during such an arranged program should also be made aware of the issues and key focus areas identified by NYKS and mentioned on previous pages of the guidelines.
- Trainers should preferably be taken from Skill Training Providing Agencies, Departments and NGOs. However, the Trainers may also be taken from Youth Clubs.
- Syllabus of the Education in Basic Vocations should be developed in consultation with Skill Training Providing Agencies and Trainers well in advance before starting of the programme.
- The District Youth Coordinators would be allowed to pay honorarium to resource persons as per need and duration of the course but it should be within the ceiling of allotted budget under the given head.

Sectors, Trades and Vocations for Education in Basic Vocations

Emphasis may be given on the following Sectors, trades and vocations (the list is only suggestive).

| S.No. | Sector | Suggested Vocations |
|--------------|------------------|---|
| 1. | Agriculture | Mushroom Cultivation, Bee Keeping, Medicinal Plants Cultivation, Horticulture, Floriculture, Vermi-culture, Backyard Vegetable Cultivation, Tractor Repairing |
| 2. | Dairying | Small Milch/Dairy Animal (Buffalo, Cow) Rearing Units, Milk Collection & Selling, Milk Processing (Ghee, Paneer, Khoya) |
| 3. | Animal Husbandry | Goat/ Sheep Rearing for Meat/ Wool, Backyard Poultry & Indigenous Birds (Ducks, Quails), Piggery, Rabbit Rearing, etc. |
| 4. | Fisheries | Fish Rearing/ Seed Production in Small Ponds, Fish Processing (Drying, Fish Pickle), Fishing Net Making & Repair, Fish Feed Production, Small Hatcheries |

| S.No. | Sector | Suggested Vocations |
|-------|---|--|
| 5. | Handloom | Weaving, Processing (Dyeing, Bleaching, Mercerizing), Packaging |
| 6. | Handicrafts | Production of Handicraft Items, Processing Activities (Polishing, Coloring) |
| 7. | Sericulture | Mulberry Cultivation, Cocoon Rearing |
| 8. | Social Forestry and Forest Based Activities | Raising Nurseries, Cultivation of Forest Species on Forest Land/Wastelands, Collection of Minor Forest Produce (Gum, Berries, Medicinal/ Herbal Products, Honey) |
| 9. | Food Processing | Fruits and vegetable Processing for making Jam, Jelly, Murabba, Petha, Chips/ Wafers, Noodles, Papad, Pickle, Bakery Products |
| 10. | Other Locally Appropriate vocation such as | Knitting, embroidery, sardonic work, finishing, Cutting and tailoring, Soft Toys, Bamboo/Jute Work: Hand Bags, Baskets, Decorative Pieces, File Cover, Beauty Culture, Candle making, Packaging of house hold articles and painting, Computer and mobile repairing, Motor Rewinding, etc |

Collaborative Agencies

- Institutes like Small Scale Industries, NCVT, Training Providers under Ministry of Skill and Entrepreneurship Development, Labour and Employment Schemes, Tailoring Institutes, KVK, KVIC, DIC, Community Polytechnic, PMKK, JSS, ITI, WCD, and Agriculture University Extension Services and many other at district level should also be coordinated for effective outcome.
- The Youth Coordinator should also coordinate with District Administration, Industries, Banks, NABARD, Industrial and Financial institutes.

Budget per programme

Budget for THREE months duration courses

| Particular | Details | Amount (in Rs.) |
|------------------------------|--------------------|-----------------|
| Honorarium to Trainer | Rs. 5000 per month | 15,000 |
| Raw Material and Maintenance | Rs. 1500 per month | 4,500 |
| Organization Expenses | | 1,500 |
| Total | | 21,000 |

Inspection of EBVSS Centers

A surprise check of these centres would be carried out by State Director or his/her representative. The DYC would visit at least once or twice during the programme.

Impact of the Programme on non-quantifiable activities

- Increase in self confidence and esteem among rural young women and men.
- Gradual change in the traditional system of social behaviors and family barrier to remain indoors.
- Sense of responsibility for income generation and participation in Nation building.
- Awareness, knowledge and enhanced accessibility to National Flagship Programmes of Central Govt., facilities and programmes of Government, NGOs and other Developmental Agencies.
- Self motivation and mobilization to participate in different types of training programmes at higher levels for certification.

5. Promotion of Art and Culture

In order to facilitate rural youth understand and appreciate their art and cultural aspects and explore the fraternal links with another one's, provision of Cultural Programme has been made.

Objective

- To provide opportunity to rural youth to display their folk art cultural talent and facilitate in preserving and promoting the same.
- To provide opportunity and platform to rural youth to exhibit their Art & cultural and get motivation for further skill up-gradation.

Strategies and activities

- Encourage the innate talents of young persons and to popularize traditional and rural art & culture.

- Encourage and promote young artists to part in the art and cultural activities.
- For successful organization of District Art and Cultural Programme, the District Youth Coordinator will constitute a committee, the composition of which will be as follows:

| Designation | Position |
|----------------------------|------------------|
| District Youth Coordinator | Chairperson |
| 02 NY Volunteers | Members |
| ACT | Member Secretary |

- The committee will prepare a budget as per requirements. While preparing budget, it may be taken care that amount should be utilized to meet out the expenses of B&L, TA/DA, hiring of hall, installation of stalls, Organizational Expenses, etc.

No. of Programme: 01

Duration of the programme and Level: 01 Day at District level

No. of participants: Minimum 120 participants

- ✓ A minimum of **15 teams** shall participate in district level programme.
- ✓ Special performances by young guest artists may also be arranged.

Time Line : December and January

Budget : Rs. 20, 000

Collaborative Agencies

- District Administration, Cultural Centers, District Language and Cultural Department, District Public Relation Office, Field Publicity Office, NGOs and others

6. Observance of Days of National and International Importance

Objectives

- To generate awareness about the objective, theme and importance behind a particular day of national and international importance.

Each district NYK will observe a minimum **25** important days as per the following list.

| No. | Observance of Days of National Importance |
|------------|---|
| 1. | World Health Day (7 th April) |
| 2. | Dr. Ambedkar Jayanti (14 th April) |
| 3. | Panchayati Raj Diwas (24 th April) |
| 4. | Vinayak Damodar Savarkar Birthday (28 th May) |
| 5. | World Environment Day (5 th June) |
| 6. | International Day of Yoga (21 st June) |
| 7. | Syama Prasad Mookerjee Birthday (6 th July) |
| 8. | World Youth Skills Day (15 th July) |
| 9. | Independence Day (15 th August) |
| 10. | Sadbhavna Diwas (20 th August) |
| 11. | Rashtriya Krida Diwas (29 th August) |
| 12. | Hindi Diwas (14 th September) |
| 13. | Vikas Diwas – 17 th September |
| 14. | Pandit Deendayal Upadhyaya Birthday (25 th September) |
| 15. | International Day of Older Persons (1 st October) |
| 16. | Gandhi Jayanti (World Non-violence & Swachhta Day) – (2 nd October) |
| 17. | Vigilance Day – 26 th October |
| 18. | Birthday of Sardar Vallabhbhai Patel as Rashtriya Ekta Diwas (31 st October) |
| 19. | NYKS Foundation Day (14 th November) |
| 20. | Quami Ekta Diwas – (19 th November) |
| 21. | National Youth Day (12th January) and Week (13-19 January) |
| 22. | Neta ji's Birthday (23 rd of January) |
| 23. | Constitution Day – 26 th January |
| 24. | Mahatama Gandhi's Martyr Day (30 th January) |
| 25. | Shaheedi Diwas (23 rd March) |

Duration : One Day each

Participants per programme: Minimum 100 (Participation of youth, political leaders at different levels, heads of development departments and prominent citizens of the society may be involved in each activity)

BUDGET

| Name of Programme | Level | Budget (in Rs.) |
|---|--------------------|------------------------|
| Observance of Days of National and International Importance. It includes the celebration of National Youth Day and Week | Block, District | 55,000 |
| National Youth Day and Youth Week | | 25,000 |
| Total | | 80,000 |

Programmes and Activities

The directions given by Hon'ble Prime Minister of India during the Meeting held on 18th April 2016 at PMO pertaining that on National Youth Day (12th January) **the entire youth be mobilized for a particular National cause related activity** to highlight the importance of youth as well as give them a sense of self pride and engage them in mega National Building activity which becomes a part of their cherished memory. A small team be constituted for this purpose.

Therefore, focused activity should be organized in a well organized manner with participation of youth from all walks of life and those who manfully participate, contribute and in future should take lead in propagating the messages and undertake activities at their level. The programs on this day should be made visible through press and media of all sorts.

12th January (National Youth Day)

- Facilitate organization and participation in Blood Donation Camps
- Lectures and discussions on philosophy and teachings of Swami Vivekananda
- Debates on the role of youth in character building, promoting Nationalism, Unity and inclusive growth
- Declamation contest amongst youth on the philosophy and teachings of Swami Vivekananda.

- Meetings and Seminars on what youth can do for the society (roles and responsibilities) and their expectations from the society.
- Role of Youth in Nation Building

13th January (Culture Day)

- Community singing by youth having national and socially relevant contents.
- Organization of local folk lore, puppet shows, nukkad natak, dramas etc., involving youth on the theme of sacrifices made by our freedom fighters, Nationalism, unity.
- Exposure of different forms of village arts, crafts, etc.

14th January (Participation Day)

- Essay, Elocution, Painting - Competition amongst youth on subject like “Youth and Panchyati Raj.” “Role of Youth in Freedom Struggle”, Role of Youth in National Development “Role of Youth in Disaster Management, Famine and Flood”. “Youth as Inheritors of Future”. “Role of Youth in Abolition of Social Evils, Dowry, Child Labour, Atrocities on Women, Drug Abuse, AIDS, Gambling and Un-touchability “Youth for National Integration”, “Youth for Communal Harmony”, etc.
- Holding of Skits, Plays, Nukkad Natak by youth having national themes like views of Swami Vivekananda, Mahatma Gandhi, Pandit Deendayal Upadhyaya, Shyama Prasad Mookerjee, Pandit J. L. Nehru and other freedom movement leaders.

15th January (Social Service Day)

- Special Programmes in villages relating to involvement of Youth Club Members and Volunteers on Preservation and Improvement of Environment, Promotion of Total Literacy Campaign, Check on Primary School Dropouts, Enrolment of Primary School Dropout, Check on Child Labour, Atrocities on Women, Care for Girl Child, etc.
- Special sanitation drives such as cleanliness of village common area: “Keep the village clean, drive”

- Work Camps on Eradication of weeds e.g. (Gajar Ghas, Lantana, Water Hyacinth) in villages . etc.
- Blood Donation camps by the youths.
- Involvement of youth in work project like repairs of roads, excavation of silt from ponds, etc.

16th January (Physical Fitness Day)

- Organizes Sports events
- Programmes relating to promotion of adventure.
- Promotion of indigenous, traditional and rural sports.

17th January (Youth for Peace Day)

- Sadbhawana Rallies and Yatras.
- Prabhat Pheries, lectures and seminars for promoting peace in the country.
- Organization of Plays and Nuked Nataks suitable for the day.
- Youth to form a human chain propagating the message of solidarity, peace and National Integration.

18th January (Skill Development Day)

- Exhibition of Youth and material being produced by youth through vocational training centres.
- Product exhibitions and photo-exhibitions with provision for demonstration.
- Awareness generation about the viable schemes, programmes and opportunities for youth to get Skill Training for wage and self-employment

19th January (Awareness Day)

- Film shows in consultation with Field Publicity Units on topics relevant to the youth especially on prevention of Substance Abuse, HIV/AIDS, Women Empowerment, Eradication of Social Evils or social & development related themes.
- Dissemination of information on Youth Programmes being undertaken by the Government like Modern Agricultural Practices, Skill Development Opportunities, RTI, MGNREGA and other Flagship programmes of Governments
- Address to the youth by prominent personalities of the State and the District.
- Conclusion of National Youth Week, Prize Distribution, etc.

7. District Youth Convention

This programme aims at introducing and highlighting issues of social and national importance which needs to be taken up jointly with the spirit of volunteerism and addressed in a time bound manner. The platform will also be used for disseminating information and orientation on existing and newly introduced programmes and schemes of NYKS as well as other departments and also to evolve strategies for effective partnership of youth in development process.

Objectives

- To provide opportunity and platform to rural youth leaders to express themselves, share experiences and suggest best practiced programmes for youth empowerment

Strategies and activities

- **280 District level with full time Youth Coordinators involving 300 youth to organize mass Yoga practice/ Demonstration as per Common Yoga Protocol on 21st June, 2019.**
- **In the remaining 343 districts, the Convention should be organized in the 3rd quarter of the financial year.**

- Orient the youth, share experiences and deliberate on issues relating to social and national concerns.
- Prepare the youth to disseminate the acquired knowledge among people in general and youths in particular.
- Participation of a minimum of 300 youth may be ensured.
- **Following areas and subjects** should also be discussed as a part of the *District Youth Convention* and their outcome be documented:
 - I. **Yoga – Yoga for Harmony and Peace and Yoga for Body & Beyond**
 - ✓ Yoga not only develop a person's body but also the mind as well as it is key for coordination
 - ✓ Yoga and its importance and usefulness in treatment of ailments --Lectures by experts and discussion
 - II. **Prime Minister Financial and Social Inclusion Schemes** - Jan Dhan Yojana, Betti Bachao – Betti Padhao Yojana, Prime Minister Surksha Beema Yojana, Prime Minister Jeevan Jyoti Beema Yojana and other schemes.
 - III. **Start up India, Skill India**
 - IV. **Cleanliness drives, Statue Cleaning, Indradhanush for vaccination, Tree Plantation, Water Conservation** and Harvesting and **Football** Promotion
 - V. Demonstration on Downloading and uploading processes of **Narendra Modi Mobile Application** for giving ideas, suggestion and providing action photographs so that maximum people can get benefit from the schemes.
 - VI. What schemes and programmes of New Government have reached to the youth and whether they are useful /beneficial to them?
 - VII. Swachh Bharat Abhiyan
 - VIII. Today's Education System - Areas where improvement is needed and what are your suggestions.
 - IX. Youth personal physical and sports development – Suggestions on how to develop interest among youth and benefits of Yoga in conflict management.

X. **Skill development** – Opinion of youth that which skill is important and which type of skill training they wish to undertake.

XI. Any other subjects, the youth wish to undertake.

- In each of the above mentioned subjects, it should clearly be spelt out based on the suggestions of youth that what role youth can play in each of the above mentioned areas.

| | |
|-----------------------------------|--|
| Duration of the Convention | : 01 day |
| No. of Participants | : Minimum 100 (male and female) from Youth Clubs from all parts of the district. |
| No. of programmes | : One |
| Time Line | : 3 rd Quarter |
| Budget | : Rs. 30,000/- |

8. **Celebration of 150th Birth Anniversary of Mahatma Gandhi**

(2019 - 2020 throughout the year)

Background

1. **Hon'ble Prime Minister, Shri Narendra Modi** during his first address to the Nation from the ramparts of the Red Fort on 68th Independence Day, urged the people to keep their surroundings clean and green. **Mahatma Gandhi Ji** had cleanliness and sanitation closest to his heart and for him Cleanliness is next to Godliness. It will be a great tribute to Bapu on his **150th Birth Anniversary by accelerating the Youth led movement for Freedom From Filthiness** across India with the spirit of Voluntarism and Voluntary action.
2. During the meeting held on 18th April 2016 at PMO directions were given by Hon'ble Prime Minister of India that youth should be mobilized and motivated for their active engagement in **Swachta activities** e.g. cleanliness of school, college, hospitals and public statues and for making open defecation free villages. Besides, it was also directed that Youth be engaged in **water conservation** (Pani Bachcho) and **water harvesting** visible activities.

3. Ministry of Youth Affairs & Sports informed that Gandhiji's ethics, ideals and the spirit of voluntary work among the youth should be promoted and they should be encouraged to follow and adapt them as way of life. Besides, Principles enunciated by Gandhi ji for Young India and Hind Swaraj can be propagated among the youth.

Similarly, programmes at places associated with Gandhi ji and their importance should be organized and events from Gandhiji's life can be recreated at these places. During National Integration Camps or other big event, lectures by subject experts on Gandhi's life and work and Gandhian ethics and messages, quiz contest, etc should be conducted.

Objectives

The broad objectives are as follows:

- To disseminate information about life and works of Mahatma Gandhi among the youth.
- To make youth aware of cleanliness, sanitation, elimination of manual scavenging and promotion of ODF.
- To give them exposure and orientation to understand essential oneness of all religions, social harmony, community service, and above all unity in diversity of Indian life.
- To make youth aware of the threat posed by disruptive forces and make them prepared to safeguard the common heritage (Sanjhi Virasat) of the country.
- To sensitize youth to fight against social evils prevailing in the society.

Efforts should be made to discuss Celebration of 150th Birth Anniversary of Mahatma Gandhi in a meeting of District Advisory Committee on Youth Programme (DACYP) to make the celebration meaningful and successful. The local administration and local representatives should be involved in every possible way for proper implementation of the Programmes & Activities.

Different types of programs and activities such as Gandhi Jayanti Celebration – Prabhat Pheri, Srava Dharm Pradhana and recitation of Bhajans of Bapu, interactive discussions and lectures by speakers, exhibition, Padyatras and Rallies, Cultural Programmes, Nukkad Nataks

and Short Film on Gandhi ji, Competitions - Essay, Painting, Declamation Contest, Cleanliness, Sanitation & Hygiene Drives involving maximum number of youth should be carried out during the financial year 2019-20 .

THE PROGRAMME HAS BEEN REDESIGNED AND IT HAS FOLLOWING 03 COMPONENTS:

a) **Swachhata Awareness Evam Shramdaan** (Swachhata Action Plan) – throughout the year

Objective

- To intensify the focus on cleanliness and create an environment of cleanliness.
- To make the people aware of cleanliness and sanitation.
- To inculcate the spirit of Shramdaan (voluntary labour) with Sewa Bhav, Nishkam Sewa.
- To focus on water conservation, creation of small Bundhs (Bori Bundh), maintaining ponds, water reservoirs, check dams, and water harvesting activities.

Swachhta Action Plan (SAP) - 2019-20

Youth: Volunteerism and voluntary action for promotion of **Swachhta with Sewa Bhav and Nishkam Sewa**

| Sr. No. | Programmes/ Schemes/Activities |
|---|---|
| Swachhta Activities by 623 District NYKs ensuring participation of Youth Clubs throughout the year | |
| 1. | Awareness about critical areas of cleanliness and making local eminent persons as Swachhta ambassadors |
| 2. | Motivate people to dedicate 100 hours Sharamdaan (2 hours in a week) of their time to contribute to make India clean |
| 3. | Distribution of IEC material on Mission including Logo and Appeal of Hon'ble Prime Minister of India |
| 4. | Public Statue Cleaning |

| Sr. No. | Programmes/ Schemes/Activities |
|---------------------------|--|
| 5. | Cleaning of Schools/ Colleges |
| 6. | Cleaning of Hospitals / PHCs |
| 7. | Cleanliness of Office Complexes, Toilets and Garbage Places of District and Zonal Offices |
| 8. | Cleanliness Drive to clean streets and common places |
| 9. | Collection of Polythene bags and plastic material to generate awareness and facilitate in protecting environment |
| 10. | Eradication of weeds (Gajar Ghas, Lantana, Water Hyacinth), etc. |
| 11. | Distribution of IEC Material on cleanliness and hygiene |
| 12. | Making Villages Open Defecation Free (ODF): Motivating people for construction and actual use of toilets |
| 13. | Maintenance and repair of cremation grounds, maintenance of play grounds |
| Water Conservation | |
| 14. | Maintenance/ repair/ improvement of existing water bodies |
| 15. | Cleaning, Digging, maintenance, de-silting and repair of ponds, natural drinking water resources, small irrigation channels, water tanks, etc. |
| 16. | Activities for Water Harvesting |
| 17. | Plantation of Saplings |
| 18. | Observance of Important Days |
| a) | 3 rd Anniversary of launching of Swachh Bharat Abhiyan (25 th September) |
| b) | Observance of Gandhi Jayanti (2 nd October) |
| c) | Global Hand washing Day (15 th Oct) |
| d) | World Toilet Day (19 th November) |

| Sr. No. | Programmes/ Schemes/Activities |
|----------------|---|
| 19. | Mass awareness activities for behavioural change about Cleanliness, Sanitation and Hygiene |
| a. | Rallies (Cycle, Motorcycle, etc) |
| b. | Prabhat Pheri |
| c. | Run for Cleanliness, sanitation and Hygiene |
| d. | Quiz Competition |
| e. | Painting, Poster Making |
| f. | Essay and Slogan Writing |
| g. | Wall Writing |
| h. | Street Plays |
| i. | Lectures by Eminent Resource Persons on Cleanliness, sanitation and Hygiene |
| j. | Seminars and Discussions |
| k. | Debating and Declamation contest |
| l. | Other Programmes as per local need and priority |

No. of Youth Clubs to be involved : All Youth Clubs of district NYK

No. of Participants : Minimum 6,000 per District

Budget : Rs. 50,000/- per District

Duration : **Throughout the year**

b) Observance of Swachhata Pakhwada - Fortnight (1st to 15th August, 2019)

Objective

- To create awareness about swachhta and facilitate implementation across the country
- To motivate youth in taking a lead role for undertaking cleanliness & hygiene campaign by mobilizing local resources

Guidelines and Action Plan for Celebration of Swachhata Pakhwada (Fortnight) from 1st to 15th August, 2019

Background

Hon'ble Prime Minister, Shri Narendra Modi during his first address to the Nation from the ramparts of the Red Fort on 68th Independence Day, urged the people to keep their surroundings clean and green. **Mahatma Gandhi Ji** had cleanliness and sanitation closest to his heart and for him Cleanliness is next to Godliness. It will be a great tribute to Bapu on his 150th Birth Anniversary by accelerating the Youth led movement for **Freedom From Filthiness** across India with the spirit of Voluntarism and Voluntary action.

Swachhata Pakhwada Activities have been conducted by most of the Departments during the last two years and the Pakhwada has emerged as a substantive programme on Swachhata.

MoYAS called upon all the Youth Organisations to observe the **Swachhata Pakhwada** from **1st to 15th August, 2019** in a befitting manner. In view of the same, NYKS decided that a nation-wide intensive cleanliness & hygiene campaign under Swachhata Pakhwada be undertaken by district Nehru Yuva Kendras by involving NY volunteers, affiliated Youth Clubs, local youth and other key stake holders in the districts and motivate them to organize and participate wholeheartedly from **1st to 15th August, 2019**.

At least two months in advance, the District NYKs should take steps to undertake innovative initiative during the Fortnight as well as the branding and publicity of Pakhwada activities using electronic, print and social media.

Important Points for effective implementation of Swachhata Pakhwada

- District Nehru Yuva Kendras should go beyond symbolism
- Set up permanent mechanism through new programmes and activities for sustainability of Swacchata in addition to cleanliness drives during the Pakhwada.
- Swachhata Pakhwada Action Plan should be communicated to State office two months prior to the commencements of their Pakhwada.
- Pakhwada Plans are should contain detailed date wise activities.

- Public representatives viz. Union Ministers, MPs, State Govt. Ministers, MLAs, etc. should be involved in Pakhwada activities.
- District Administration should be liaised to undertake Swachhata activities effectively.
- Innovative initiatives should be undertaken during the Pakhwada so that few success stories are generated daily.

Suggested Activities

The activities have been divided into following two components.

a. Environment Building Activities

b. Swachhata Fortnight Activities

a) Environment Building Activities

1. **Motivation** - The members of Youth Clubs and Youth should be motivated to undertake **Cleanliness Drives** in their respective areas.
2. **Logo of Swachh Bharat Mission** - Logo of Swachh Bharat Mission should be adopted and popularized at all levels.
3. **Banners to highlight the core issues** of cleanliness, sanitation and hygiene should be displayed at prominent places.
4. **Meetings of eminent citizens** should be organized for active support and guidance for effective implementation of Swachh Bharat Mission.
5. **Swachhata Shapath" (Pledge)**

All offices of NYKS, namely National Hqr, State Offices in the States and district NYKS on **1st August**, 2019 administer to all officials as well as NY Volunteers "Swachhata Shapath" (pledge). Youth Clubs affiliated with District NYKS also would be motivated to take the Swachhata Shapath (pledge) in public functions organized by them in their villages. A copy of the same in Hindi and English is given at **Page No. 62 and 63**.

6. Activities to focus public attention on this campaign and on the need for cleanliness hygiene

A variety of activities such as rallies, prabhat pheri, short run for cleanliness, seminars, lectures by Resource Persons, street plays, distribution of pamphlets and other IEC material, wall writing and other community activities may be undertaken to focus public attention on this campaign and on the need for cleanliness & hygiene.

b) Swachhata Pakhwada (Fortnight) Activities

The following activities may be taken up. These are suggestive in nature. District NYKs and Youth Clubs may device their own local need based innovative activities.

| Sr.No. | Programmes/ Schemes/Activities |
|---|--|
| Observance of Swachhta Fortnight (1st to 15th August, 2019) by 623 District NYKs ensuring participation of Youth Clubs | |
| Swachhta Fortnight Activities | |
| 1. | Pledge taking ceremony on Swachhta (1st August) |
| 2. | Reading of Message/Appeal of Hon'ble Prime Minister of India and Hon'ble Minister of State (Independent Charge), Ministry of Youth Affairs and Sports, Govt. of India (1st August) |
| 3. | Gosthi, seminars and Discussions (1st August) |
| 4. | Cleaning of Own village (August 2nd & 3rd) |
| 5. | Door to door campaigning in the village on swachhta (ODF, General cleanliness & hygiene (August 4th -6th) |
| 6. | Distribution of Literature collected from concerned departments in the district (August 4th to 6th) |
| 7. | Intensive cleaning of villages including school, Anganwadi, Panchayat Bhavan, Public statues in villages & Awareness activities (August 7th to 11th) |
| 8. | Cleaning of public Institutions, Health sub centres, PHC in neighboring villages and & Awareness activities. A few youth clubs may come together and work jointly (August 12th -15th) |
| 9. | Rally in the village (August 15th) |

| Sr.No. | Programmes/ Schemes/Activities |
|---------------|---|
| 10. | Awareness activities |
| a. | Rallies (Cycle, Motorcycle, etc) |
| b. | Prabhat Pheri |
| c. | Run for Cleanliness, sanitation and Hygiene |
| d. | Quiz Competition |
| e. | Painting, Poster Making |
| f. | Essay and Slogan Writing |
| g. | Wall Writing |
| h. | Street Plays |
| i. | Lectures by Eminent Resource Persons on Cleanliness, sanitation and Hygiene |
| j. | Seminars and Discussions |
| k. | Debating and Declamation contest |
| l. | Other Programmes as per local need and priority |

No. of Youth Clubs to be involved : All Youth Clubs of NYKS

No. of Participants : Minimum 4,000 per District

Budget : Rs. 25,000/- per District

Points to adhere by District NYKs –

- **It is important to note** that all District NYKs in consultation with the National Youth Volunteers, Youth Clubs, Youth and stakeholders should **year mark specific area of activities** of their interest they would like take up from the above mentioned suggested activities.
- They may also be provided freedom to identify the Swachhata activities of their choice which may be other than the mentioned activities. Accordingly, **date wise distribution of activities plan** to be undertaken by respective Youth Clubs and Youth be prepared.

- It may be ensured that District NYKs and the Youth Clubs will **take a minimum of 04 photographs before and after of each activity undertaken.**
- All activities through **voluntary** effort of Youth Clubs and these will not be whole day activities.
- Nonetheless, more and more villagers may be motivated to participate to make it peoples' movement.

Media and Publicity

State Directors/District Youth Coordinators should **write letter to Doordarshan, AIR and leading TV Channels & Papers for wide coverage** of the events.

- Ensure better branding and publicity of Pakhwada activities in electronic and print media platforms. The need to make use of social media such as Whatsapp, Facebook, etc. extensively for the purpose.
- A press release should be issued highlighting major outcomes of Swachhata Pakhwada.
- A press conference should be organized at the culmination of their Pakhwada to highlight the activities and initiatives undertaken.
- Effective use of mass media such as radio, television and newspapers, digital media such internet, Social Network Sites and mobile, etc. may be made in this regard.

Progress Reports

At the conclusion of the Swachhata Pakhwada, the State Directors should submit the **following** to NYKS Hqr. latest by **18th August, 2019**, for onward submission to Department of Youth Affairs.

- **Final Report:**
 - ✓ Final cumulative activities Progress Report in the **prescribed format**
 - ✓ Report containing detailed accounts of activities undertaken during Pakhwada.
 - ✓ Related action photographs, newspaper clippings and audio-visual clips.
 - ✓ Any Special document that field offices may have issued during the Pakhwada.

SWACHHATA PLEDGE

Mahatma Gandhi dreamt of an India which was not only free but also clean and developed.

Mahatma Gandhi secured freedom for Mother India.

Now it is our duty to serve Mother India by keeping the country neat and clean.

I take this pledge that I will remain committed towards cleanliness and devote time for this.

I will devote 100 hours per year that is two hours per week to voluntary work for cleanliness.

I will neither litter nor let others litter.

I will initiate the quest for cleanliness with myself, my family, my locality, my village and my work place.

I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen.

With this firm belief, I will propagate the message of Swachh Bharat Mission in villages and towns.

I will encourage 100 other persons to take this pledge which I am taking today.

I will endeavour to make them devote their 100 hours for cleanliness.

I am confident that every step I take towards cleanliness will help in making my country clean.

स्वच्छता शपथ

महात्मा गांधी ने जिस भारत का सपना देखा था उसमें सिर्फ राजनैतिक आजादी ही नहीं थी, बल्कि एक स्वच्छ एवं विकसित देश की कल्पना भी थी।

महात्मा गांधी ने गुलामी की जंजीरों को तोड़कर माँ भारती को आजाद कराया।

अब हमारा कर्तव्य है कि गंदगी को दूर करके भारत माता की सेवा करें।

मैं शपथ लेता हूँ कि मैं स्वयं स्वच्छता के प्रति सजग रहूँगा और उसके लिए समय दूँगा।

हर वर्ष 100 घंटे यानी हर सप्ताह 2 घंटे श्रमदान करके स्वच्छता के इस संकल्प को चरितार्थ करूँगा।

मैं न गंदगी करूँगा न किसी और को करने दूँगा।

सबसे पहले मैं स्वयं से, मेरे परिवार से, मेरे मुहल्ले से, मेरे गांव से एवं मेरे कार्यस्थल से शुरुआत करूँगा।

मैं यह मानता हूँ कि दुनिया के जो भी देश स्वच्छ दिखते हैं उसका कारण यह है कि वहां के नागरिक गंदगी नहीं करते और न ही होने देते हैं।

इस विचार के साथ मैं गांव-गांव और गली-गली स्वच्छ भारत मिशन का प्रचार करूँगा।

मैं आज जो शपथ ले रहा हूँ, वह अन्य 100 व्यक्तियों से भी करवाऊँगा।

वे भी मेरी तरह स्वच्छता के लिए 100 घंटे दें, इसके लिए प्रयास करूँगा।

मुझे मालूम है कि स्वच्छता की तरफ बढ़ाया गया मेरा एक कदम पूरे भारत देश को स्वच्छ बनाने में मदद करेगा।

c) **Work Camp**

The theme of Work Camps will be **Cleanliness and Preservation of Water Sources**.

Through Work Camp efforts should be made to create community assets. During the program issues related with water literacy among youth, linkages of Youth Clubs with other departments/agencies be explored. Moreover, during the programme, the participants will discuss various schemes of departments and agencies for cleanliness, water literacy and preservation of water sources not only among themselves but also with fellow villagers and help the villagers in taking up such schemes. It is also meant that, the youth after taking part in the camp undertake similar activities in their respective villages.

Objectives:

The programme aims at promoting spirit of volunteerism & cooperation among the members of the Youth Clubs. The main objectives of the programme are:

- To inculcate a sense of dignity of labour among youth
- To provide an opportunity to understand the manifold issues relating to Cleanliness and Preservation of Water Sources.

Emphasis should be on: -

- To generate values and practices like: **volunteerism, self-help, working together with a we feeling**
- To generate collective response to community assets maintenance issues and solutions
- To provide practical support to the planning at the community level, by maintaining/creating community assets

Contents of the camp :

Daily schedule

- ✓ Yoga
- ✓ Project Work (Shramdan)
- ✓ Group Discussion/ lectures etc on water literacy and conservation : Sanitation including Waste Disposal of Sewerage, Water Harvesting and Management

- ✓ Dynamics of village social structure.
- ✓ Mobilization of youth for community action.
- ✓ Coordination with other departments/agencies on water conservation projects.
- ✓ Modern agricultural practices, agro based small scale projects
- ✓ Cultural Programmes.
- ✓ Community singing
- ✓ Camp fire

Projects for Shramdaan

- The project under the work camp may include ***small irrigation channels, digging of wells, de-silting of water tanks, construction of water tank, construction of community toilets, disinfections of drinking water wells, deepening of village ponds and wells.*** This being only an illustrative list, the Youth Coordinator, in consultation with the Youth Club Officials, should plan for creation of maintenance/community assets based on the needs of the village.
- Projects/works like *repairing kucha roads, cleaning streets and drains, digging soak pits and compost pits etc.* ***should not*** be undertaken in Work Camps. In other words, those projects, which can be completed merely with a few members of just one Youth Club, should not be taken up as a project for work camp.
- The worth of the asset(s) created in a work camp in financial terms, should be many fold higher than the budget of the programme. However, such activities may be taken up with the local initiative and resource mobilization.

Planning and Coordination:

- To instil the sense of dignity of labour among the people in general and youths in particular, a Work Camp (Community Development Programme) by mobilizing local resources should be organized.
- The project / community assets should be **Durable, Tangible and Useful.**
- Possibilities for coordination with Gram Panchayat and District Administration may be explored to take up any developmental activity.
- Local and adjoining Villages Youth Club members must also participate

- The local host Youth Club should plan the constructive work camp activity.
- Efforts be made that the **Gram Panchayat of the village may bear the boarding lodging expenses of the camp and construction material.**

Duration of the Camp : 03 days
No. of participants per Camp : 40
No. of programmes in a district : One in each of 623 District NYKs

Follow up : Maintenance of the assets created should be ensured through the Youth Club that organized the work camp.

Coordination : The work camp programme should be coordinated with District Administration, Zila Parishad, Gram Panchayat, & Local People’s Representatives

Impact of the programme : Evaluation to measure the impact and the achievement of objectives of the programme, the District Youth Coordinator should conduct evaluation at the end of the programme and a final report made on the basis of the same.

Budget (per district) : **Rs. 25,000/-**

Budget for ONE programme

| Head | Rate | Amount (in Rs.) |
|---|---|-----------------|
| Boarding & Lodging | Rs. 150/- per head per day (150 x 40 x 3) | 18,000 |
| Organizational and Miscellaneous Expenses | | 7,000 |
| Total | | 25,000 |

9. Awards to Outstanding Youth Clubs (AOYC) at District, State and National Level

Introduction

The Scheme of Awards to Outstanding Youth Clubs was instituted by the Ministry of Youth Affairs & Sports, Government of India and is being implemented by Nehru Yuva Kendra Sangathan. The Youth Clubs are basically an association of youth, working voluntarily in areas such as literacy, environment enrichment, women empowerment, vocational training, eradication of dowry, untouchability, forestation, health and family welfare etc.

Besides, Youth Clubs are also taking up social campaigns, awareness drives on issues of local and national importance. They are also taking lead in community development, sports, cultural activities and other developmental programmes in coordination with various departments and agencies at different levels. Youth Clubs have helped the village panchayats in creating assets in the villages in a cooperative and voluntary manner, and in building up organizational skills.

Objective

The “basic objective of the scheme” is to encourage the growth of Youth Clubs, which are recognized as catalysts of social change. It is felt that Youth Clubs can play a vital role in nation building and other activities, such as literacy, skill development training, health awareness, environment preservation, national integration, social harmony, sports, creation of durable community assets in villages, etc.

The Scheme also includes promoting the growth of Youth Clubs and their developmental activities, so as to encourage more and more Youth Clubs to come forward for community welfare and nation building activities. With the introduction of the Scheme, the Government hopes that not only the existing Youth Clubs will play a more meaningful role but also more Youth Clubs will come into being in future.

The Scheme is operated at three levels i.e. District, State and National level. Selection is held initially at the district level and then carried on to the state level and finally at the national level. The winners of district level competitions automatically qualify for the state level competition and likewise, the winners of the state level competitions automatically qualify for the national level competition.

Awards

At **district** level, the winner is awarded **Rs. 25,000/-** and at **State** level the award is **Rs. 1,00,000/-** whereas at **National** level the **First, Second and Third** winners are awarded **Rs. 5,00,000/-, Rs.3,00,000/- and Rs. 2,00,000/-** and a **Scroll/ Certificate**, respectively. For more details, a copy of the revised scheme of Awards to Outstanding Youth Clubs is placed at **Annexure -13**.

NOTE:

- The Youth Clubs who have been given award under the Scheme of **AOYC during last 02 years, will not be eligible to apply.**
- Only those Youth Clubs will be eligible to apply under AOYC scheme who are Registered and affiliated with district NYKs.
- **Audit Report** of the applicant Youth Clubs would be **mandatory.**
- **Time line should strictly be adhered to** for selecting and awarding Outstanding Youth Clubs at District and State levels.
- Selection of the Awardees is done by the designated Selection Committees only.

10. Theme Based Awareness and Education Programme

Objective

- To enhance capacities of rural youth in addressing the issues and concerns affecting their lives.
- To make aware educate and motivate youth to involve themselves and others in the processes towards **Sankalp Se Siddhi** -Clean India, Poverty Free India, Corruption Free India, Communalism, Casteism, etc

- To work with Sewa Bhaav (Spirit of Service) work with positive mindset, take concrete steps in the journey from **Positive India to New Progressive India** with Nishkaam Karma.
- **Promote the spirit of Nationalism, Brotherhood and inculcate the spirit of *Sab ka Saath, Sab ka Vikas and Sab Ka Vishwas***
- **National Flagship Schemes of Govt. of India** - Promotion and facilitating Villagers to get benefits **under Prime Minister Financial and Social Inclusion Schemes**

Duration : 1 day each

Time Line : 2nd and 3rd Quarter

No. of participants/Beneficiaries : 80 per programme with participation of youth leaders from the Block. **2-3** representatives from each youth club (President and Secretary of youth club or any other representative as the club may decide) shall participate in the programme.

Type of Activities to be undertaken : Preparation of resource material, Lectures by subject experts, discussions and debate on the mentioned subject, question answers session, best practices: telling stories

No. of Programmes: Based on the number of Blocks in the district as per criteria given in the following Table:

| Category | No. of Programmes per District @ Rs. 15,000/- per centre | Amount (in Rs.) | No. of Participants to be covered @ minimum 80 per Prog. |
|----------------------------------|---|------------------------|---|
| Districts with 1-3 Blocks | 1 | 15,000 | 80 |
| Districts with 4-5 Blocks | 2 | 30,000 | 160 |
| Districts with 6-10 Blocks | 4 | 60,000 | 320 |
| Districts with 11-15 Blocks | 6 | 90,000 | 480 |
| Districts with 16 & above Blocks | 7 | 1,05,000 | 560 |

Focus Areas to be covered during the programme:

- Sewa Bhaav (Spirit of Service), **Positive India to New Progressive India** with Nishkaam Karma.
- **Promote the spirit of Nationalism, Brotherhood and inculcate the spirit of *Sab ka Saath, Sab ka Vikas and Sab Ka Vishwas***
- **National Financial and Social Inclusion Flagship Schemes of Govt. of India**

Implementation Strategy

- District Youth Coordinators should select the venue for organizing this programme where successful "**Theme Based Awareness & Education Programme**" could be organized. For example, venues where facilities like space for discussion, lectures, teaching aid and equipments, electricity with power back up, water, sanitation and other facilities are available.
- Youth Clubs, trained office bearers and designated NYC volunteers should be actively involved and made in-charge of the programme.
- The District Youth Coordinators should identify the topics to be covered out of the above mentioned areas. Accordingly, the concerned heads of development departments and agencies be finalized along with their experts and resource persons who through lectures can impart awareness and educations as well as provide IEC material on the selected topics and subjects to be covered under the programme and moderate discussions
- District Youth Coordinator should be present during each programme and guide the beneficiaries of the programme.
- Each District Youth Coordinator has to inform the participants and resource persons well in advance the dates, venues and other details of the "**Theme Based Awareness & Education Programme**" so as to enable them to attend the programme with full preparedness.
- Educated youth should also be motivated to mobilize their peer and village communities for creating awareness in at least two identified areas of their interest in their respective Youth Club villages.
- The District NYKs shall finalize the Programme Schedule for the Programmes, the structure of the Programme, the subjects to be covered in each Programmes, the speakers, venue of the programmes and so on.

- Necessary resource material on the subjects covered in the Programmes shall also be arranged.
- The entire planning should be done in close coordination with Government officials of Development Departments / Agencies.
- It must be ensured that Public Representatives viz. Hon'ble Ministers, MPs, MLAs, MLCs as well as Heads of Development Departments, NGOs, Agencies should be invited to attend the programme.
- The Programme shall primarily be participatory and interactive in nature.

Coordination and Mobilizing support

- A letter from District Magistrate/District Collector, President of Zila Panchayat and Chief Executive of Zila Panchayat should be sent to all Heads of the Development Departments and other Agencies/NGOs working in the above mentioned development and welfare areas for deputing their officials and experts as resource persons, provide copies of their schemes, IEC material and support in organizing the programmes.
- The Heads of Development Departments and agencies should be actively involved during the programme as guide, facilitator, resource persons and support providers for village level activities.
- The Programmes should be organized in close collaboration with the District Administration. The matter should be discussed in District level Advisory Committees on Youth Programmes.

Resource Persons and I.E.C

- Programme schedule and resource materials will be developed by the District NYKs in consultation with Resource Persons. A copy of the same may also be provided to Heads of Development Departments and Elected Members of Panchayati Raj Institutions, opinion leaders and Youth Club Office bearers for their reference.
- All relevant printed resource material in the form of Schemes and IEC material on the identified topics should be provided to participants at the time of registration.
- Well in advance, the identified officials, resource persons and experts are briefed about the objectives, expectations of this programme and its outcome.
- It is to be ensured that the resource persons should have in-depth information and knowledge in the subject/topic allotted to him/her and can link it up with Youth Clubs roles vis-à-vis development and empowerment of Youth & Village Communities.

Budget per programme

| Head | Rate (in Rs.) | Amount (in Rs.) |
|--|--|-----------------|
| Boarding and Lodging | @Rs. 100/- per head for 80 participants (100X80) | 8,000 |
| Honorarium to resource persons and resource material | -- | 4,000 |
| Organizational Expenses | Banners, Photography, etc. | 3,000 |
| Total | | 15,000 |

SPECIAL PROGRAMMES

1. Mass Yoga Demonstration and activities as part of observance of International Day of Yoga on 21st June 2019 at State, District, Block and Village levels

Background

Hon'ble Prime Minister of India, Shri Narendra Modi at the 69 Session of United Nations General Assembly on September 27, 2014 urged the world community to adopt an International Day of Yoga.

Hon'ble Prime Minister shared with global community that "Yoga is an invaluable gift of ancient Indian tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature and a holistic approach to health and well-being. Yoga is not about exercise but to discover the sense of oneness with ourselves, the world and Nature. By changing our lifestyle and creating consciousness, it can help us to deal with climate change. Let us work towards adopting an International Yoga Day."

It's a matter of great pride and honour for all the Indians that on December 11, 2014, the United Nations General Assembly approved the proposal by consensus with a record 177 co-sponsoring countries a resolution to establish **21 June as "International Day of Yoga"**. It's an acknowledgement by the Global community of India's rich cultural heritage and ideological contributions towards Global Unity Harmony as well as Peace and Development.

Yoga is our traditional cultural heritage and close to the heart of every Indian. Yoga is practiced worldwide and owing to its non-invasive nature and drugless character, has gained international patronage. Yoga is the way of life of a person and helps to keep their body and mind healthy.

Celebration of International Day of Yoga on **21st June, 2019** with participation of large number of people in general and youth in particular is the top priority of Govt. of India.

Preparatory Activities and Points to be Taken Care of

- **Preparatory meetings** with District Administration, AYUSH, NGOs, NCC, NSS, Red Cross, Principals of Schools and Colleges and other Agencies should be organized for their active participation, support and training of youth.
- Each of **280 District NYKs** should ensure Yoga Demonstration as per **Common Yoga Protocol** at District Hqr.

- District NYKs will train and motivate the NYKs Youth Clubs during **Block Neighbourhood Youth Parliament** to celebrate International Day of Yoga on 21st June, 2019 at **sub-district level** or in their respective **villages**.
- District NYKs will free to organize activities at District, Cluster and Block level on 21st June, 2019, but it should be ensured that the Day is observed in most of the **villages where Youth Clubs exist**.
- **Yoga Demonstration and Exhibitions** will be organized at district level.
- **Involvement of Public Representatives and Civil Administration** at all levels should be ensured:
- **Identification of Yoga Trainers** - They should be identified well in advance for learning, training and practice Yoga at different levels.
- Eminent **Yoga Gurus** should be identified and honoured on 21st June, 2019 during functions at District and State levels.
- **The copies of the booklet and DVD/CD** should be provided to each of the participant as a part of their kit bag material.
- The **Booklet (both Hindi and English), DVD and design of Logo developed** by M/o AYUSH will be placed on **NYKS website**: www.nyks.org, which could be used for necessary guidance and publicity along with NYKS name and Logo.
- **Training, Learn and Practice Yoga Sessions** - NYKS functionaries should make a plan to train youth in Common Yoga Protocol.

Type of Programmes and Activities to be Undertaken

a) Block Neighbourhood Youth Parliament

For motivation of NYKs Youth Clubs, **Neighbourhood Youth Parliaments at Block** level with a participation of **Youth Leaders** from Youth Clubs as well **youth from various walks of life** should be organized. Following actions should be looked into and complied with by field functionaries:

- The Neighborhood Youth Parliaments at Block @ **Rs. 12,000/-** should be **completed between 10th to 19th June, 2019 with participation of 80 youth** as per laid down procedure and **Guidelines**.

- **Proper training** of Presidents / Secretaries / office bearers in Yoga by specialists/ Yoga Gurus, should be ensured. Rehearsal of Yoga at all levels on 19th and 20th June, 2019 will be mandatory.
- Besides, the **services of AYUSH experts, other experts for training on Yoga as per Common Yoga Protocol** should be availed and those Asanas given in AYUSH Booklet be practiced in same sequence.
- During conduct of the Neighbourhood Youth Parliaments, the Leaders of Youth Clubs should be **motivated to organize Yoga Camps/ Demonstrations** as per Common Yoga Protocol and showing of Film/Video on Yoga **in their respective villages** / sub-district level and organizations by mobilizing local Yoga experts and resources on 21st June, 2019
- **Maximum number of villagers should be motivated** to take part in the Yoga Camps/ Demonstrations.
- The services of NGOs and their experts, identified by M/o AYUSH should be utilized for training and demonstration.
- The **copies of the booklet and DVD/CD** should be provided to the participants as a part of their kit bag material.
- The Booklet (both Hindi and English), DVD and **design of Logo** developed by M/o AYUSH will be placed on **NYKS website: www.nyks.nic.in**, which should be used for necessary guidance and publicity along with NYKS name and Logo.

b) District Youth Convention - District Level Yoga Demonstration, Function and Exhibitions

- **280 District level with full time Youth Coordinator** involving local youth to organize mass Yoga practice/ Demonstration as per **Common Yoga Protocol**
- **District Youth Convention** should be organized as per the Guidelines of Annual Action Plan 2019-20.
- **Rs. 30,000/- should be earmarked** for the District Youth Convention. Participation of a minimum of **200 youth** should be ensured.

- **Following areas and subjects** should also be discussed as a part of the *District Youth Convention* and their outcome be documented:
 - ✓ Yoga – Yoga for Health, Harmony and Peace and Yoga for Body & Beyond
 - ✓ Yoga not only develop a person's body but also the mind as well as it is key for coordination
 - ✓ Yoga and its importance and usefulness in treatment of ailments

c) Mega State Level Yoga Demonstration, Function and Youth Conventions

- **Mega State level in 10 selected State Capitals** involving 2,500 youth. For this purpose, budgetary provision of Rs. 1.00 Crore has been made in Annual Action Plan 2019-20.
- **Points to be looked into by State Directors** for successful implementation of Mega State level observance of International Day of Yoga on 21st June 2019 in State Capitals, action on the following points is required:
 - a. The names of Yoga Gurus should be identified and selected in advance. They should suitably be honoured with Memento, shawl and flowers.
 - b. Invite National Personalities and Icons.
 - c. All form of Media should be involved.
 - d. Issue local advertisements at local and State level by State Directors.
 - e. Big Flex banners 10-12 days before the program.
 - f. VIPs should be invited and finalize their schedule in advance
 - g. Youth Convention, Lectures by Experts on different subjects of Yoga

Common Points for Reference

- Youth as participants should be drawn from all walks and sections of society. **30 %** of the participants should be young women.
- Where District and State Administration is spending money in that case NYKs should not spend their budget on same items.

- Video (Film) should be shown during the functions.
- For **visibility of the NYK Programme**, sufficient number of Banners should be displayed on the venue of the programme. On the Banners, the Logo of International Day of Yoga - 21st June, 2019 and the Theme (Yoga for Harmony and Peace) should be displayed.
- On the **Home Page of NYKS website**: www.nyks.nic.in, Logo of International Day of Yoga will be placed. While clicking the Logo, a new window will open where one will find a **Booklet** on Common Yoga Protocol in **Hindi and English, Posters and Video** related to International Day of Yoga.

Coordination and Synergy

- **Head of NSS, NCC, SAI, Red Cross Society, Principals of Schools, Colleges, Institutes, Assam Rifles, AYUSH, Yoga Organizations, Young Achievers, Awardees and others** who can facilitate will be coordinated, discussed and mobilize resources.
- The services of NGOs, Yoga Organizations and their experts, identified by M/o AYUSH and other organizations should be coordinated and utilized.

Coverage Both in Print and Electronic Media

- Massive coverage both in **print and electronic media** should be ensured.
- District NYKs should ensure coverage both in print and electronic media for activities carried out by District NYKs at District level and affiliated Youth Clubs at village level.
- For this purpose, Press Conferences could be organized in advance on voluntary basis.
- Press release and photographs be given for media print, audio/ video (TV) and internet/ websites as well as social media.
- Plans be tied up with PIB, ANI, UNI, DD AIR and others as well as Print Media

Coverage, Level and Youth Participation

Nehru Yuva Kendra Sangathan (NYKS), the world's one of the largest youth network has planned to organize Mass Yoga Demonstration and activities at:

| Level | No. of Programs | No. of Participants | Budget (in Rs.) |
|-----------------------------|-----------------|--|--------------------|
| State level | 10 | 25,000 Youth (2,500 youth each in the selected 10 States) | 1.00 Crore |
| District level | 280 | 56,000 Youth (200 Youth per district) | 84.00 Lakh |
| Blocks level | 5000 | 4,00,000 Youth (80 Youth Leaders per Neighbourhood Youth Parliament) | 6.00 Crore |
| Villages/sub-district level | 25,000 | 25,00,000 | Voluntary basis |
| Total | 30,290 | 29,81,000 Youth | 7.84 Crores |

2. Nationwide Declamation Contest on “Patriotism and National Building”, 2019-20 (As part of Republic Day Celebrations 2020)

THEME – *Sabka Saath, Sabka Vikas, Sabka Vishwas (Together we grow, Together we prosper, together we build a strong and Inclusive India).*

Nehru Yuva Kendra Sangathan (NYKS) has been organizing National Level Declamation Contest since 2015-16 for consecutive 3 yrs for ensuring mass participation of youth in the Celebration of Republic Day. From the current financial year i.e. 2019-20, the Declamation Contest has been added in the list of core programme under Annual Action Plan.

Declamation Contest provide opportunity to the youth in the age group of 18-29 yrs to exhibit their presentation skills and art of speaking in public on one hand and create the desired environment among the entire youth community on the other by sparking healthy positive conversation amongst youth in India and also activate social media, yield potential

Youth Leaders for awareness creation, popularization and facilitate implementation of National Flagship Programme of Govt. of India & further ignite Patriotism & Nationalism. It would also facilitate them to develop & refine their leadership qualities.

Objectives

- 1) To inculcate spirit of Nationalism and patriotic feeling amongst youth and masses for enhanced participation in Nation building.
- 2) To identify youth with leadership qualities and good communication skills for their further development and empowerment to take lead in popularizing Flagship Schemes of Government.

Target Group and Eligibility

- Youth in the age group of 18-29 yrs.
- Only those youth are eligible who have not participated in Declamation Contest on Patriotism and Nation Building organized by district NYK during the year 2015-16, 2016-17, 2017-18 and 2018-19.

Geographical Coverage

5898 blocks approximately, 623 District NYKs, 31 States & UTs and National level.

Level of Contests & Prizes

- **Block Level** - Screening Contests without prizes
- **District Level** - 1st Prize:- Rs. 5,000/-, 2nd Prize:- Rs. 2,000/-, 3rd Prize:- 1,000/-
- **State Level** - 1st Prize:- Rs. 25,000/-, 2nd Prize:- 10,000/-, 3rd Prize:-5,000/-
- **National Level** – 1st Prize:- Rs. 2,00,000/-, 2nd Prize:- 1,00,000/- 3rd Prize:- 50,000/- .
Consolation Prizes of Rs. 10,000/- each for all participants except 1st, 2nd and 3rd Prize winner of National level.

Time Line

Mid November 2019 to end of Dec, 2019 upto State level and well before 26th January 2020 at National level.

OTHER PROGRAMMES

1. Meeting of District Advisory Committee on Youth Programme (DACYP)

As aware, the DACYP has been constituted. Composition of the District Advisory Committee on Youth Programmes was circulated to all State Directors vide this office letter No.NYKS/PROG:dacyp & sacyp/2016/51 dated 6th July, 2016.

BUDGET

| No. of meetings per district NYKs | Amount per district @ Rs. 1,000/- per meeting (in Rs.) |
|--|--|
| Minimum 02 meetings 1 st meeting– 2 nd Quarter 2 nd meeting- 4 th Quarter | 2,000. The amount should be utilized for refreshment and other organizational expenses |
| Efforts should however be made to convene meetings in every quarter | |

State Level Programmes

1. Meetings of State Advisory Committee on Youth Programmes (SACYP)

As aware, the SACYP has been constituted. Composition of the State Advisory Committee on Youth Programmes was circulated to all State Directors vide this office letter No.NYKS/PROG:dacyp & sacyp/2016/52 dated 6th July, 2016.

BUDGET

| No. of Meetings | Amount @ Rs. 3,000/- per meeting (in Rs.) |
|--|---|
| Minimum 02 meetings 1 st Meeting–2 nd Quarter 2 nd Meeting – 4 th Quarter | 6,000. The amount should be utilized for high tea & other organizational expenses including, file folder, writing pad, pen, reference material, photographs, etc. |
| Efforts may be made to conduct meetings in every quarter | |

2. Planning, Review and follow-up Meeting

Objectives

- To review the progress of the ongoing programmes and activities of NYKS and suggest constructive interventions

Programme Contents

- Contingency plan and strategy for implementation in case of need
- Formulation of micro-plan
- Prioritization of proposed activities
- Charting out yearlong activities of Youth Clubs
- Close monitoring and review

Activities

- Review the progress of targets set and achieved as well as future and ongoing programmes and activities of NYKs, follow up actions to be taken
- To discuss and plan innovative projects and programmes for youth development and suggest measures for strengthening the existing networks of Youth Clubs
- To share information about the ongoing schemes and programmes of the government (both State as well as Central Govt.) for youth development, expedite coordination and mobilize resources

Operation Details

- It will be the prerogative of the concerned State Director to convene these meetings as per the need and as and when and wherever these are required.

| | | |
|--|---|---|
| Duration of the meeting | : | 01 day |
| No. of participants per meeting | : | All Dy. Directors and DYCs |
| No. of meetings in a State | : | 04 |
| Time Line | : | 2 nd , 3 rd and 4 th Quarter |
| Budget for FOUR Meetings | : | @ Rs. 300/- per meeting and per Deputy Director & District Youth Coordinator of the State |
